



Prabodhan Kridabhavan Organised
44th Prabodhan Kridamahotsav 2023
INTER SCHOOL SPORTS MEET
13th To 16th December 2023



- Office:** ● **Prabodhan Kridabhavan**, Prabodhan Kridabhavan Marg, Siddharth Nagar, Goregaon (W), Mumbai - 400 104 • Mobile No. **8097605479**
Email : prabodhankridabhavan2014@gmail.com • Web : www.prabodhan.org
● **Ozone Swimming Pool**, Mobile: 9136363121 Email.: ozonesp2009@yahoo.in
● **Prabodhan Tennis Academy**, Mob. No.7700928284 Email. prabodhanvachnalay@gmail.com

Date :

To,

The Principal

Dear Sir/Madam,

Greeting for the Season!

We are pleased to inform that the **44th Prabodhan Kridamahotsav 2023** (Inter School Sports Meet) will be held between **13th to 16th December 2023**. The schedule of the competition mention below :

EVENT	PERIOD	Venue
Archery	13 th December 2023	Prabodhan Kridabhavan
Athletics	15 th & 16 th December 2023	Prabodhan Kridabhavan
Chess	13 th to 16 th December 2023	Prabodhan Kridabhavan
Folk Dance	16 th December 2023	Prabodhan Kridabhavan
Kabbadi and Kho-Kho	13 th & 14 th December 2023	Prabodhan Kridabhavan
Karate	14 th December 2023	Prabodhan Kridabhavan
Mallakhamb	13 th December 2023	Prabodhan Kridabhavan
March Past	13 th & 16 th December 2023	Prabodhan Kridabhavan
Swimming	14 th December 2023	Ozone Swimming Pool
Tennis	13 th to 16 th December 2023	Jogger's Park

The Event started in the year 1978 on a very moderate scale, "Prabodhan Kridamahotsav (Inter School Sports Meet)", has now become an important feature for budding sport kids from various schools of Western Suburbs between Bandra to Dahisar. The boys and girls participating in this sport event have also proven their talents at State as well as National Levels. Hence, this meet has become a great attraction for the Western Suburb Schools. We request you to give your whole hearted support by participating in the above-mentioned individual / team events and make the meet a 'Grand Success'.

We enclose herewith a leaflet with the necessary information and the prescribed entry forms. Kindly note the rules regarding participation in the various events and submit your entry form duly completed in all respect on or before **5th December 2023 by 5.00 p.m.** positively. Please arrange to collect the program of the competition on **11th December 2023 between 10.30 a.m. to 5.00 p.m.** from the office positively.

Thanking You,

Yours sincerely,

Govind Gawde
Chief Secretary
Prabodhan Goregaon



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PART X : SWIMMING COMPETITION

AGE GROUP UNDER 8, 10, 12, 14, 16
LIST OF EVENTS (AGE AS ON 1.7.2023)

BOYS UNDER 8 YEARS
(Born on or after 1.7.2015)

- 1) 50 M. Free Style
- 2) 50 M. Breast Stroke
- 3) 50 M. Back Stroke
- 4) 50 M. Butterfly Stroke

BOYS UNDER 10 YEARS
(Born Between 1.7.2013 to 30.6.2015)

- 5) 50 M. Free Style
- 6) 100 M. Free Style
- 7) 50 M. Breast Stroke
- 8) 50 M. Back Stroke
- 9) 50 M. Butterfly Stroke

BOYS UNDER 12 YEARS
(Born Between 1.7.2011 to 30.6.2013)

- 10) 50 M. Free Style
- 11) 100 M. Free Style
- 12) 50 M. Breast Stroke
- 13) 50 M. Back Stroke
- 14) 50 M. Butterfly Stroke
- 15) 200 M. Individual Medley
- 16) 4 X 50 M. Free Style Relay (10 to 12 age Group)
- 17) 4 X 50 M. Medley Relay (10 to 12 age Group)

BOYS UNDER 14 YEARS
(Born Between 1.7.2009 to 30.6.2011)

- 18) 50 M. Free Style
- 19) 100 M. Free Style
- 20) 100 M. Breast Stroke
- 21) 100 M. Back Stroke
- 22) 100 M. Butterfly Stroke
- 23) 200 M. Individual Medley

BOYS UNDER 16 YEARS
(Born Between 1.7.2007 to 30.6.2009)

- 24) 50 M. Free Style
- 25) 100 M. Free Style
- 26) 100 M. Breast Stroke
- 27) 100 M. Back Stroke
- 28) 100 M. Butterfly Stroke
- 29) 200 M. Individual Medley
- 30) 4 X 50 M. Free Style Relay (14 & 16 age Group)
- 31) 4 X 50 M. Medley Relay (14 to 16 age Group)

GIRLS UNDER 8 YEARS
(Born on or after 1.7.2015)

- 32) 50 M. Free Style
- 33) 50 M. Breast Stroke
- 34) 50 M. Back Stroke
- 35) 50 M. Butterfly Stroke

GIRLS UNDER 10 YEARS
(Born Between 1.7.2013 to 30.6.2015)

- 36) 50 M. Free Style
- 37) 100 M. Free Style
- 38) 50 M. Breast Stroke
- 39) 50 M. Back Stroke
- 40) 50 M. Butterfly Stroke

GIRLS UNDER 12 YEARS
(Born Between 1.7.2011 to 30.6.2013)

- 41) 50 M. Free Style
- 42) 100 M. Free Style
- 43) 50 M. Breast Stroke
- 44) 50 M. Back Stroke
- 45) 50 M. Butterfly Stroke
- 46) 200 M. Individual Medley
- 47) 4 X 50 M. Free Style Relay (10 to 12 age Group)
- 48) 4 X 50 M. Medley Relay (10 to 12 age Group)

GIRLS UNDER 14 YEARS
(Born Between 1.7.2009 to 30.6.2011)

- 49) 50 M. Free Style
- 50) 100 M. Free Style
- 51) 100 M. Breast Stroke
- 52) 100 M. Back Stroke
- 53) 100 M. Butterfly Stroke
- 54) 200 M. Individual Medley

GIRLS UNDER 16 YEARS
(Born Between 1.7.2007 to 30.6.2009)

- 55) 50 M. Free Style
- 56) 100 M. Free Style
- 57) 100 M. Breast Stroke
- 58) 100 M. Back Stroke
- 59) 100 M. Butterfly Stroke
- 60) 200 M. Individual Medley
- 61) 4 X 50 M. Free Style Relay (14 & 16 age Group)
- 62) 4 X 50 M. Medley Relay (14 & 16 age Group)

- **Those who are participating under 8 are not allowed to take part in Relay under age category 10 year to 12 year**

PART XI : TENNIS (GIRLS & BOYS)

Group A - Group B -
Girls (Under 10)

Born on or after 01.01.2014

Girls (Under 12)

Born on or after 01.01.2012

Girls (Under 14)

Born on or after 01.01.2010

Girls (Under 16)

Born on or after 01.01.2008

Boys (Under 10)

Born on or after 01.01. 2014

Boys (Under 12)

Born on or after 01.01.2012

Boys (Under 14)

Born on or after 01.01.2010

Boys (Under 16)

Born on or after 01.01.2008