



Prabodhan Kridabhavan Organised
42nd Prabodhan Kridamahotsav 2019
INTER SCHOOL SPORTS MEET
12TH To 15TH December 2019



Office : Prabodhan Kridabhavan, Prabodhan Kridabhavan Marg, Siddharth Nagar,
Goregaon (W), Mumbai - 400 104 • Tel No.: 28797580 • Fax No.: 28797581.
Email : prabodhankridabhvan2014@gmail.com • Web : www.prabodhan.org

To,

The Principal

Respected Sir/Madam,

Greeting for the Season!

We are pleased to inform that the **42nd Prabodhan Kridamahotsav 2019** (Inter School Sports Meet) will be held between **12th to 15th December 2019**. The schedule of the competition mention below :

EVENT	PERIOD	VENUE
Archery	13 th December 2019	Prabodhan Kridabhavan
Athletics	14 th & 15 th December 2019	Prabodhan Kridabhavan
Chess	12 th to 15 th December 2019	Prabodhan Kridabhavan
Folk Dance	15 th December 2019	Prabodhan Kridabhavan
Kabbadi and Kho-Kho	12 th & 13 th December 2019 Final - 15 th December 2019	Prabodhan Kridabhavan
Karate	12 th December 2019	Prabodhan Kridabhavan
Mallakhamb	12 th December 2019	Prabodhan Kridabhavan
March Past	12 th & 15 th December 2019	Prabodhan Kridabhavan
Swimming	12 th December 2019	Ozone Swimming Pool
Tennis	12 th to 15 th December 2019	Prabodhan Jogger's Park

The Event started in the year 1978 on a very moderate scale, "**Prabodhan Kridamahotsav (Inter School Sports Meet)**", has now become an important feature for budding sport kids from various schools of Western Suburbs between **Bandra to Dahisar**. The **Boys and Girls** participating in this sport event have also proven their talents at State as well as National Levels. Hence, this meet has become a great attraction for the Western Suburb Schools. We request you to give your whole hearted support by participating in the above mentioned individual / Team events and make the meet a '**Grand Success**'.

We enclose herewith a leaflet with the necessary information and the prescribed entry forms. Kindly note the rules regarding participation in the various events and submit your entry form duly completed in all respect on or before **30th November 2019 by 6.00 p.m.** positively. Please arrange to collect the program of the competition on **6th December 2019 between 10.30 a.m. to 5.30 p.m.** from the office positively.

Thanking You,

Yours sincerely,

Sunil Velankar
Chief Secretary, Prabodhan Goregaon



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PRABODHAN GOREGAON AFFILIATED TO

- Mumbai Suburban District Amateur Athletic Association
- Mumbai Suburban District Kabbadi Association
- Mumbai Suburban District Kho-Kho Association
- Shotokan Global Japan Karate Academy (K.W.F)
- Mumbai Suburban District Archery Association
- Mumbai Suburban District Mallakhamb Association
- Mumbai Cricket Association
- Mumbai Chess Association (BCA)
- Nalanda Research Centre, Mumbai
- Maharashtra State Lawn Tennis Association
- Greater Mumbai Amateur Aquatic Association

IMPORTANT NOTE

1. All competitions are open to the bonafied students up to 10th Standard of schools situated between **Bandra to Dahisar** only (Western Suburbs of Mumbai)
2. Competitors must be within the age and weight limit and age groups mentioned for the respective groups.
3. All entry forms duly completed shall be certified (signed & stamped) by the Head Master or the Principal of the School Certifying the age limit of the Competitor, disclosing his/her date of birth. Please note that the certifying authority will be held responsible for his/her correctness of the information supplied in general and for the date of birth, in particular. The school giving wrong information about the student shall be debarred from participating in the MEET for this year as well as for the next **Three years**.
4. If there are less than **Four** entries for an event, the organisers reserve their right to cancel the event.
5. No entry form will be accepted without the **ENTRY** fees.
6. Protest, if any, should be lodged in writing by the sports teacher within **30 minutes** of the event or match being over, with the Manager of the meet and should be accompanied with the protest fee of **Rs.1000/-**. If the protest is not upheld the fee will be forfeited.
7. No competitor shall be allowed to participate without proper Identity Card with Photograph duly signed and stamped by the Head Master or the Principal of the school across the photograph.
8. Cheque favour in the name of **PRABODHAN KRIDABHAVAN** (All events except Swimming Pool Competition) or **Cash**.
9. **Swimming Competition** entry fees cheque favour of **PG Ozone Sw.mming Pool & Club** or **Cash**



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ENTRY FEES :

Archery	Rs. 600.00	per student/per event	
Athletics	Rs. 120.00	per event + Chest No. per Competitors Rs.20.00. Non Refundable	Relays Rs. 475.00 per team
Chess	Rs. 600.00	per student/per event	
Folk Dance ..	Rs. 600.00	per team	
Kabbadi	Rs. 475.00	per team	
Kho-Kho	Rs. 475.00	per team	
Karate	Rs. 300.00	per student/per event	
Mallakhamb ..	Rs. 250.00	per student/per event	
March Past ..	Rs. 600.00	per team	
Swimming	Rs. 120.00	per student/per event	Relays Rs. 475.00 per team
Tennis	Rs. 420.00	per student	

PRIZES :

- ATHLETICS, SWIMMING, KARATE, ARCHERY, MALLAKHAMB CHAMPIONSHIP** : ● Individuals : **Gold, Silver and Bronze Medals** will be awarded for the **First Three** places respectively in each event in addition to Certificate of Honour.
- CHESS CHAMPIONSHIP** : ● Individuals : **Gold, Silver and Bronze Medals** will be awarded for the **First Three** places respectively in each event in addition to Certificate of Honour. 4th to 8th Place consolation prizes.
- MARCH PAST CHAMPIONSHIP** : ● The teams will be awarded with the trophy and a cheque of **Rs. 5000/-** to the winner, **Rs. 3000/-** for Runner up and **Rs. 2000/-** for 2nd Runner up.
● Teams participating in March past will be paid following conveyance allowance, **Rs. 5000/-** will be paid to school outside Goregaon, **Rs. 3000/-** will be paid to school from Goregaon East and no conveyance will be paid to schools from Goregaon West. Kindly note conveyance amount will be paid only to those schools who will participate on both days. **Conveyance will be paid through cheque in the name of school.**
- FOLK DANCE CHAMPIONSHIP** : ● The teams will be awarded with the trophy and a cheque of **Rs. 5000/-** to the winner, **Rs. 3000/-** for Runner up and **Rs. 2000/-** for 2nd Runner up.
- INDIVIDUAL CHAMPIONSHIP (Only for Athletics & Swimming)** : ● The scoring will be as follows: first place 5 points, second place 3 points and third place 1 point.
- TENNIS CHAMPIONSHIP** : ● Medals will be awarded for the first two places with Merit Certificate
Prizes : Individuals & Trophy for Best Boys & Girls each age group.
- School Championship** : ● Rotating trophies will be awarded to the winner and runner up for the school, obtaining maximum number of points in Tennis.
● For Team Events : First place 15 points, Second place 10 points, Two rotating trophies will be awarded to the schools for Winners and Runners-up in Kho-Kho, Kabbadi, March Past and Folk Dance. The Winner & Runners-up Trophies will be awarded to the schools obtaining 1st & 2nd Ranking points in Athletics, Karate, Archery, Tennis, Chess, Swimming and Mallakhamb.
- PRABODHAN GRAND TROPHY** : ● For the best overall performance in all events of sports meet to be awarded to the school obtaining the highest total number of combined points earned.

All trophies are rotating and should be returned to the organisers **after 6 months**. The principals of the schools will be held responsible for the return of trophies in good condition.

Entries must be forwarded duly completed in the prescribed forms in duplicate along with **Entry Fees** before **30th NOVEMBER 2019**. Name of all the participating students must be very carefully written clear and readable hand writing with correct spellings. The original will be retained by the organisers, the duplicate will be returned to the school concerned. Participating school can collect final programme schedule and chest numbers of Athletics events on **6th DECEMBER 2019** onward from **PRABODHAN KRIDABHAVAN**.



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PART I : ARCHERY

Girls and Boys (Under 12)

- 1) Indian Round 20 M & 15 M.
- 2) Recurve Round 30 M & 30 M
- 3) Compound Round 30 M & 30 M

Girls and Boys (Under 14)

- 1) Indian Round 30 M & 20 M.
- 2) Recurve Round 50 M & 50 m
- 3) Compound Round 50 M & 50 M

Girls and Boys (Under 17)

- 1) Indian Round 40 M & 30 M
- 2) Recurve Round 60 M & 60 M
- 3) Compound Round 50 M & 50 M

Mention the Bow Style : 1) Wooden (Indian Round) 2) Recurve Round 3) Compound Round

For Recurve refer Entry Form instruction

Part II : ATHLETICS COMPETITION LIST OF EVENTS

Girls under 8 (Born on or after 01.01.2012)

- 1) 50 M. Run
- 2) 100 M. Run
- 3) Long Jump

Girls under 10 (Born on or after 01.01.2010)

- 4) 50 M. Run
- 5) 100 M.
- 6) Long Jump

Girls under 12 (Born on or after 01.01.2008)

- 7) 100 M. Run
- 8) 300 M. Run
- 9) High Jump
- 10) Long Jump
- 11) 4 X 100 M. Relay

Girls under 14 (Born on or after 01.01.2006)

- 12) 100 M. Run
- 13) 200 M. Run
- 14) 600 M. Run
- 15) 80 M. Hurdles
- 16) High Jump
- 17) Long Jump
- 18) Shot Put (6 LBS)
- 19) Discus Throw (1Kg)
- 20) 4 X 100 M Relay

Girls under 16 (Born on or after 01.01.2004)

- 21) 100 M. Run
- 22) 200 M. Run
- 23) 400 M. Run
- 24) 800 M. Run
- 25) 2000 M. Run
- 26) 100 M. Hurdles
- 27) High Jump
- 28) Long Jump
- 29) Shot Put (6 LBS)
- 30) Discus Throw (1Kg)
- 31) Javelin Throw
- 32) 4 X 100 M. Relay
(600 gms)

Boys under 8 (Born on or after 01.01.2012)

- 33) 50 M. Run
- 34) 100 M. Run
- 35) Long Jump

Boys under 10 (Born on or after 01.01.2010)

- 36) 50 M. Run
- 37) 100 M. Run
- 38) Long Jump

Boys under 12 (Born on or after 01.01.2008)

- 39) 100 M. Run
- 40) 300 M. Run
- 41) High Jump
- 42) Long Jump
- 43) 4 X 100 M. Relay

Boys under 14 (Born on or after 01.01.2006)

- 44) 100 M. Run
- 45) 200 M. Run
- 46) 600 M. Run
- 47) 80 M. Hurdles
- 48) High Jump
- 49) Long Jump
- 50) Shot Put (8 LBS)
- 51) Discus Throw (1Kg)
- 52) 4 X 100 M Relay

Boys under 16 (Born on or after 01.01.2004)

- 53) 100 M. Run
- 54) 200 M. Run
- 55) 400 M. Run
- 56) 800 M. Run
- 57) 2000 M. Run
- 58) 100 M. Hurdles
- 59) High Jump
- 60) Long Jump
- 61) Shot Put (10 LBS)
- 62) Discus Throw (1.5Kg)
- 63) Javelin Throw
- 64) 4 X 100 M. Relay
(700 gms)

Note : • In Relay events (event no. 11, 20, 32, 43, 52 & 64) reserves are permitted, however the reserves should necessarily participate atleast in any one of the events prescribed in their age group.

• No competitor shall be allowed to compete in more than 5 Athletic Events (3 track & 2 field or 2 track & 3 field). A school can send maximum 4 entries per event. The sports teachers should carefully read all the rules before filling entry forms.

• No competitor shall be allowed to compete in Athletics without the chest number properly pinned on the chest as well as on the back.



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PART III : CHESS

Group A -

Boys Up to 2nd std
Boys Up to 5th std
Boys Up to 8th std
Boys to 10th std

Group B -

Girls Up to 2nd std
Girls Up to 5th std
Girls Up to 8th std
Girls to 10th std

PART IV : FOLK DANCES

Only one entry will be permitted from each school with maximum 16 participants. Schools participating in folk dance are requested to check their music/song cassettes before the event. No consideration will be given for checking the cassette once your event is announced. Participants are requested to bring their own cassette player to avoid inconvenience. **No Film Songs are allowed.**

PART V : KABBADI

Group 'A' Girls 50 kg. or below
(Under 17 born on or after 01.01.2003)

Group 'B' Boys 55 kg. or below
(Under 17 born on or after 01.01.2003)

PART VI : KHO-KHO

Group 'A' Girls
(Under 17 born on or after 01.01.2003)

Group 'B' Boys
(Under 17 born on or after 01.01.2003)

Note : For Kabbadi and Kho-Kho school can field only one team each for respected group.

PART VII : KARATE

Kata & Kumite Girls & Boys Category Age Group -

Under 8 years born during 01.01.2011
Under 9 years born during 01.01.2010
Under 10 years born during 01.01.2009
Under 11 years born during 01.01.2008
Under 12 years born during 01.01.2007

Under 13 years born during 01.01.2006
Under 14 years born during 01.01.2006
Under 15 years born during 01.01.2004
Under 16 years born during 01.01.2003
Under 17 years born during 01.01.2002

PART VIII : MALLAKHAMB

ROPE MALLAKHAMB

Group A - Girls (Under 10)
Born on or after 01.01.2009
Group A - Girls (Under 12)
Born on or after 01.01.2007
Group B - Girls (Under 14)
Born on or after 01.01.2005
Group C - Girls (Under 16)
Born on or after 01.01.2003

POLE MALLAKHAMB

Group A - Boys (Under 10)
Born on or after 01.01.2009
Group A - Boys (Under 12)
Born on or after 01.01.2007
Group B - Boys (Under 14)
Born on or after 01.01.2005
Group C - Boys (Under 16)
Born on or after 01.01.2003

Note : Only 6 students from each group will be permitted in Mallakhamb event

PART IX : MARCH PAST

Only one entry will be permitted from each school with maximum 32 participants, including a Play card bearer and Flag bearer. The names of Play card bearer and Flag bearer should be given in the entry form.

Imp. Note: The schools participating in the March Past Competition must attend Opening Ceremony i.e. on 12th Dec. 2019, Thursday at 8.00 am. and also on Closing Ceremony on 15th Dec. 2019, Sunday at 3.00 pm.



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PART X : SWIMMING COMPETITION

LIST OF EVENTS

BOYS UNDER 7 YEARS (Born during 2012-2013)

- 1) 25 M. Free Style
- 2) 25 M. Breast Stroke
- 3) 25 M. Back Stroke
- 4) 25 M. Butterfly Stroke

BOYS UNDER 9 YEARS (Born during 2010-2011)

- 5) 50 M. Free Style
- 6) 50 M. Breast Stroke
- 7) 50 M. Back Stroke
- 8) 50 M. Butterfly Stroke

BOYS UNDER 11 YEARS (Born during 2008-2009)

- 9) 50 M. Free Style
- 10) 50 M. Breast Stroke
- 11) 50 M. Back Stroke
- 12) 50 M. Butterfly Stroke
- 13) 200 M. Individual Medley
- 14) 4 X 50 M. Free Style Relay (7 to 11 age Group)
- 15) 4 X 50 M. Medley Relay (7 to 11 age Group)

BOYS UNDER 13 YEARS (Born during 2006 – 2007)

- 16) 50 M. Free Style
- 17) 100 M. Free Style
- 18) 100 M. Breast Stroke
- 19) 100 M. Back Stroke
- 20) 100 M. Butterfly Stroke
- 21) 200 M. Individual Medley

BOYS UNDER 15 YEARS (Born during 2004 – 2005)

- 22) 50 M. Free Style
- 23) 100 M. Free Style
- 24) 100 M. Breast Stroke
- 25) 100 M. Back Stroke
- 26) 100 M. Butterfly Stroke
- 27) 200 M. Individual Medley
- 28) 4 X 50 M. Free Style Relay (13 to 15 age Group)
- 29) 4 X 50 M. Medley Relay (13 to 15 age Group)

GIRLS UNDER 7 YEARS (Born during 2012-2013)

- 30) 25 M. Free Style
- 31) 25 M. Breast Stroke
- 32) 25 M. Back Stroke
- 33) 25 M. Butterfly Stroke

GIRLS UNDER 9 YEARS (Born during 2010-2011)

- 34) 50 M. Free Style
- 35) 50 M. Breast Stroke
- 36) 50 M. Back Stroke
- 37) 50 M. Butterfly Stroke

GIRLS UNDER 11 YEARS (Born during 2008-2009)

- 38) 50 M. Free Style
- 39) 50 M. Breast Stroke
- 40) 50 M. Back Stroke
- 41) 50 M. Butterfly Stroke
- 42) 200 M. Individual Medley
- 43) 4 X 50 M. Free Style Relay (7 to 11 age Group)
- 44) 4 X 50 M. Medley Relay (7 to 11 age Group)

GIRLS UNDER 13 YEARS (Born during 2006 – 2007)

- 45) 50 M. Free Style
- 46) 100 M. Free Style
- 47) 100 M. Breast Stroke
- 48) 100 M. Back Stroke
- 49) 100 M. Butterfly Stroke
- 50) 200 M. Individual Medley

GIRLS UNDER 15 YEARS (Born during 2004 – 2005)

- 51) 50 M. Free Style
- 52) 100 M. Free Style
- 53) 100 M. Breast Stroke
- 54) 100 M. Back Stroke
- 55) 100 M. Butterfly Stroke
- 56) 200 M. Individual Medley
- 57) 4 X 50 M. Free Style Relay (13 to 15 age Group)
- 58) 4 X 50 M. Medley Relay (13 to 15 age Group)

PART XI : TENNIS (GIRLS & BOYS)

Group A -

Girls (Under 10)

Born on or after 01.01.2010

Girls (Under 12)

Born on or after 01.01.2008

Girls (Under 14)

Born on or after 01.01.2006

Girls (Under 16)

Born on or after 01.01.2004

Group B -

Boys (Under 10)

Born on or after 01.01. 2010

Boys (Under 12)

Born on or after 01.01.2008

Boys (Under 14)

Born on or after 01.01.2006

Boys (Under 16)

Born on or after 01.01.2004



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Entry Form : MALLKHAMB COMPETITION (Boys & Girls)

FORM VIII

(Separate forms for Boys & Girls to be filled in duplicate)

Name of the School : _____

Address : _____

Tel. No.: _____

School Email : _____

Name of the Sports Teacher / Manager who will accompany with the participants :

Shri/Smt. _____ Mobile : _____

Sr. No.	NAME	DATE OF BIRTH	AGE GROUP	Entry Fee : Rs. 250/- per Competitor
1			Girls / Boys Under 10 Born on or after 1-1-2010	
2				
3				
4				
5				
6				
1			Girls / Boys Under 12 Born on or after 1-1-2008	
2				
3				
4				
5				
6				
1			Girls / Boys Under 14 Born on or after 1-1-2006	
2				
3				
4				
5				
6				
1			Girls / Boys Under 16 Born on or after 1-1-2004	
2				
3				
4				
5				
6				

I hereby certify that all the Competitors who have entered as per details are bonafied students of my school and their dates of birth to the best of my knowledge are correct as recorded in school register. They are perfectly sound in health, free from any disease, physically strong and fit to compete. They are competing entirely at their own risk and Prabodhan Goregaon is not in any way responsible for any injury to them or damage to their equipment's or other articles. They will abide by the Rules of the Sports Meet and the decisions of the Officials and implicitly obey and follow instructions that may be given to them during the competitions.

Rubber Seal of the School

For Rules & Regulations please prefer appeal.

(Signature of the Principal)

Date : _____



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Entry Form : KABADDI COMPETITION

FORM V

Group 'A' : Girls 50 Kg. or below & under 17 Years (Born on or after 1-1-2003)

Group 'B' : Boys 55 Kg. or below & under 17 Years (Born on or after 1-1-2003)

(Separate forms for Boys & Girls to be filled in duplicate)

Name of the School : _____

Address : _____

_____ Tel. No.: _____

School Email : _____

Name of the Sports Teacher / Manager who will accompany with the participants :

Shri/Smt. _____ Mobile : _____

Sr.No.	NAME	STD	DATE OF BIRTH
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			

I hereby certify that all the Competitors who have entered as per details are bonafied students of my school and their dates of birth to the best of my knowledge are correct as recorded in school register. They are perfectly sound in health, free from any disease, physically strong and fit to compete. They are competing entirely at their own risk and Prabodhan Goregaon is not in any way responsible for any injury to them or damage to their equipments or other articles. They will abide by the Rules of the Sports Meet and the decisions of the Officials and implicitly obey and follow instructions that may be given to them during the competitions.

(Signature of the Principal)

Date : _____

Rubber Seal of the School

For Rules & Regulations please refer appeal.



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Entry Form : KHO-KHO COMPETITION

FORM VI

Group 'A' : Girls 17 Years below (Born on or after 1-1-2003)

Group 'B' : Boys 17 Years below (Born on or after 1-1-2003)

(Separate forms for Boys & Girls to be filled in duplicate)

Name of the School : _____

Address : _____

_____ Tel. No.: _____

School Email : _____

Name of the Sports Teacher / Manager who will accompany with the participants :

Shri/Smt. _____ Mobile : _____

Sr.No.	NAME	STD	DATE OF BIRTH
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			

I hereby certify that all the Competitors who have entered as per details are bonafied students of my school and their dates of birth to the best of my knowledge are correct as recorded in school register. They are perfectly sound in health, free from any disease, physically strong and fit to compete. They are competing entirely at their own risk and Prabodhan Goregaon is not in any way responsible for any injury to them or damage to their equipments or other articles. They will abide by the Rules of the Sports Meet and the decisions of the Officials and implicitly obey and follow instructions that may be given to them during the competitions.

(Signature of the Principal)

Date : _____

Rubber Seal of the School

For Rules & Regulations please prefer appeal.



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Entry Form : ARCHERY COMPETITION (Boys & Girls)

FORM I

(Separate forms for Boys & Girls to be filled in duplicate)

Name of the School : _____

Address : _____

Tel. No.: _____

School Email : _____

Name of the Sports Teacher / Manager who will accompany with the participants :

Shri/Smt. _____ Mobile : _____

Sr. No.	Name	Std	Indian/ Recurve	Date of Birth	Age Group	Entry Fee Rs. 600/-
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						

I hereby certify that all the Competitors who have entered as per details are bonafied students of my school and their dates of birth to the best of my knowledge are correct as recorded in school register. They are perfectly sound in health, free from any disease, physically strong and fit to compete. They are competing entirely at their own risk and Prabodhan Goregaon is not in any way responsible for any injury to them or damage to their equipments or other articles. They will abide by the Rules of the Sports Meet and the decisions of the Officials and implicitly obey and follow instructions that may be given to them during the competitions.

(Signature of the Principal)

Rubber Seal of the School

Date : _____

(Important note P.T.O.)

Venue : Prabodhan Kridabhavan, Prabodhan Kridabhavan Marg,
Siddharth Nagar, Goregaon (W), Mumbai 104. Tel. : 28797580 / 81.

Date : 13th December 2019, 9.00 a.m. onwards.

Entry Fees : Individual events Rs. 600/- per event.

Last date of : 30th November 2019

Submission (Strictly no entries will be accepted after the last date.)

Important Note : 1) Junior Competitors can take part in their Own Age Group & above.

2) Entries must be submitted in the prescribed form (attached along with)

3) Only Signature & rubber seal will be accepted.

4) Competitors should bring their own equipment such as bow, arrow etc. for the competition.

5) There should be minimum Three Participant in each age group, otherwise the event will be cancelled & that age group will be merged with higher age group.

6) There are Three age group below 12 years, below 14 years, below 17 years.

7) You should mention if the child is going to play Indian or Recurve round.

8) **Under 12 years (born on or after 1-1-2008) - 15 mtrs to 20 mtrs.**

Under 14 years (born on or after 1-1-2006) - 20 mtrs to 30 mtrs.

Under 17 years (born on or after 1-1-2003) - 30 mtrs to 40 mtrs.

Under 14 years (born on or after 1-1-2006) for recurve 50m-40m-30m-20m

Under 17 years (born on or after 1-1-2003) for recurve 60m-50m-40m-30m

9) This competition will be having FITA Rules.

Protest : A protest must be lodged in writing, duly signed by official-in-charge, within 30 minutes of the end of the event together with protest fees of Rs. 1000/-, which will be forfeited if protest is rejected. The decision of the Jury of appeal shall be Final and Binding on all the participants.

Instructions :-

1. List of entire fixtures with dates and timing will be display on the Notice Board.
2. All the Participants should be present on the ground 30 min. before events.
3. No Notice will be sent to participant individually.
4. Organiser has the rights to change timing/schedule without any notice.
5. All participants should report at the venue before 9.00 a.m. on Tuesday, 13th Dec. 2019
6. Boys and Girls competiton will be organise as per their age category.



Prabodhan Kridabhavan Organised
42nd Prabodhan Kridamahotsav 2019

INTER SCHOOL SPORTS MEET 12TH To 15TH December 2019
Office : Prabodhan Kridabhavan, Prabodhan Kridabhavan Marg, Siddharth Nagar,
Goregaon (W), Mumbai - 400 104 • Tel No.: 28797580
Email : prabodhankridabhavan2014@gmail.com • Web : www.prabodhan.org



Entry Form : CHESS COMPETITION (Boys & Girls)

FORM III

(Separate forms for Boys & Girls to be filled in duplicate)

Name of the School : _____

Address : _____

Tel. No.: _____

School Email : _____

Name of the Sports Teacher / Manager who will accompany with the participants :

Shri/Smt. _____ Mobile : _____

Sr. No.	NAME	DATE OF BIRTH	AGE GROUP	Entry Fee : Rs. 600/- per Competitor
1			Girls / Boys Up to 2 nd Std.	
2				
3				
4				
5				
1			Girls / Boys Up to 5 th Std.	
2				
3				
4				
5				
1			Girls / Boys Up to 8 th Std.	
2				
3				
4				
5				
1			Girls / Boys 10 th Std.	
2				
3				
4				
5				

I hereby certify that all the Competitors who have entered as per details are bonafied students of my school and their dates of birth to the best of my knowledge are correct as recorded in school register. They are perfectly sound in health, free from any disease, physically strong and fit to compete. They are competing entirely at their own risk and Prabodhan Goregaon is not in any way responsible for any injury to them or damage to their equipments or other articles. They will abide by the Rules of the Sports Meet and the decisions of the Officials and implicitly obey and follow instructions that may be given to them during the competitions.

(Signature of the Principal)

Date : _____

(Important note P.T.O.)

Rubber Seal of the School

Venue : **Prabodhan Kridabhavan**, Prabodhan Kridabhavan Marg,
Siddharth Nagar, Goregaon (W), Mumbai 104. Tel. : 28797580 / 81.

Date : **12th to 15th December 2019**

12th December - Girls / Boys Up to 2nd std

13th December - Girls / Boys Up to 5th std

14th December - Girls / Boys Up to 8th std

15th December - Girls / Boys to 10th std

Important Note : 1) This competition is governed by MSDCA Rules.
2) Entry Fees **Rs. 600/-** per student / per event.
3) **School can send maximum 5 entries per age group in boys & girls section.(Seperatly)**

Protest : A protest must be lodged in writing, duly signed by official-in-charge, within 30 minutes of the end of the event together with protest fees of Rs.1000/-, which will be forfeited if protest is rejected. The decision of the Jury of appeal shall be Final and Binding on all the participants.



Prabodhan Kridabhavan Organised
42nd Prabodhan Kridamahotsav 2019

INTER SCHOOL SPORTS MEET 12TH To 15TH December 2019
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Goregaon (W), Mumbai - 400 104 • Tel No.: 28797580
Email : prabodhankridabhavan2014@gmail.com • Web : www.prabodhan.org



Entry Form : FOLK DANCE COMPETITION

FORM IV

(To be filled in duplicate)

Name of the School : _____

Address : _____

Tel. No.: _____

School Email : _____

Name of the Sports Teacher / Manager who will accompany with the participants :

Shri/Smt. _____ Mobile : _____

Sr.No.	NAME	STD	DATE OF BIRTH
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			

I hereby certify that all the Competitors who have entered as per details are bonafied students of my school and their dates of birth to the best of my knowledge are correct as recorded in school register. They are perfectly sound in health, free from any disease, physically strong and fit to compete. They are competing entirely at their own risk and Prabodhan Goregaon is not in any way responsible for any injury to them or damage to their equipments or other articles. They will abide by the Rules of the Sports Meet and the decisions of the Officials and implicitly obey and follow instructions that may be given to them during the competitions.

Rubber Seal of the School

(Signature of the Principal)

Date : _____

(Important note P.T.O.)

Venue : **Prabodhan Kridabhavan**, Prabodhan Kridabhavan Marg,
Siddharth Nagar, Goregaon (W), Mumbai 104.
Tel. : 28797580 / 81.

Date : **15th December 2019, 5.00 p.m.**

Important Note : 1) Only one entry for each School.
2) **Maximum 16 participants.**
3) No film songs are allowed.
4) **Reporting timing 4.00 p.m. on 15th December 2019.**
5) Maximum 7 minutes for Folk Dance performance.
6) **Entry Fees Rs. 600/- per team.**



Prabodhan Kridabhavan Organised
42nd Prabodhan Kridamahotsav 2019

INTER SCHOOL SPORTS MEET 12TH To 15TH December 2019

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Goregaon (W), Mumbai - 400 104 • Tel No.: 28797580

Email : prabodhankridabhavan2014@gmail.com • Web : www.prabodhan.org



Entry Form : KARATE COMPETITION (Boys & Girls)

FORM VII

(Separate forms for Boys & Girls to be filled in duplicate)

Name of the School : _____

Address : _____

Tel. No.: _____

School Email : _____

Name of the Sports Teacher / Manager who will accompany with the participants :

Shri/Smt. _____ Mobile : _____

Sr. No.	Name	Std	Date of Birth	Age Group	Kata/ Kumite	Entry Fee
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						

I hereby certify that all the Competitors who have entered as per details are bonafied students of my school and their dates of birth to the best of my knowledge are correct as recorded in school register. They are perfectly sound in health, free from any disease, physically strong and fit to compete. They are competing entirely at their own risk and Prabodhan Goregaon is not in any way responsible for any injury to them or damage to their equipments or other articles. They will abide by the Rules of the Sports Meet and the decisions of the Officials and implicitly obey and follow instructions that may be given to them during the competitions.

(Signature of the Principal)

Rubber Seal of the School

Date : _____
(Important note P.T.O.)

Venue : Prabodhan Kridabhavan, Prabodhan Kridabhavan Marg,
Siddharth Nagar, Goregaon (W), Mumbai 104. Tel. : 28797580 / 81.

Date : **12th December 2019, 8.00 a.m. to 5.00 p.m.**

Important Note :

- 1) This competition is governed by W.K.F. Rules.
- 2) Entry Fees **Rs. 300/-** per event.
- 3) Karate age group event only Two entry is permitted from school.
- 4) **Competition should bring their own Mouth Guard, Glove, Karate Dress etc.**
- 5) **One participant can take part only in two events.**

Protest : A protest must be lodged in writing, duly signed by official-in-charge, within 30 minutes of the end of the event together with protest fees of Rs. 1000/-, which will be forfeited if protest is rejected. The decision of the Jury of appeal shall be Final and Binding on all the participants.



Prabodhan Kridabhavan Organised
42nd Prabodhan Kridamahotsav 2019



INTER SCHOOL SPORTS MEET 12TH To 15TH December 2019
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Goregaon (W), Mumbai - 400 104 • Tel No.: 28797580
Email : prabodhankridabhavan2014@gmail.com • Web : www.prabodhan.org

Entry Form : MARCH PAST COMPETITION

FORMIX

(To be filled in duplicate)

Name of the School : _____

Address : _____

Tel. No.: _____

School Email : _____

Name of the Sports Teacher / Manager who will accompany with the participants :

Shri/Smt. _____ Mobile : _____

Sr.No.	NAME	STD	Sr.No.	NAME	STD
1			17		
2			18		
3			19		
4			20		
5			21		
6			22		
7			23		
8			24		
9			25		
10			26		
11			27		
12			28		
13			29		
14			30		
15			31		
16			32		

I hereby certify that all the Competitors who have entered as per details are bonafied students of my school and their dates of birth to the best of my knowledge are correct as recorded in school register. They are perfectly sound in health, free from any disease, physically strong and fit to compete. They are competing entirely at their own risk and Prabodhan Goregaon is not in any way responsible for any injury to them or damage to their equipments or other articles. They will abide by the Rules of the Sports Meet and the decisions of the Officials and implicitly obey and follow instructions that may be given to them during the competitions.

(Signature of the Principal)

Rubber Seal of the School

Date : _____
(Important note P.T.O.)



Prabodhan Kridabhavan Organised

42nd Prabodhan Kridamahotsav 2019

INTER SCHOOL SPORTS MEET 10TH To 13TH December 2019

Office : Prabodhan Kridabhavan, Prabodhan Kridabhavan Marg, Siddharth Nagar, Goregaon (W), Mumbai - 400 104

Tel No.: 28797580 Email : prabodhankridabhavan2014@gmail.com • Web : www.prabodhan.org



Form X

Entry Form : SWIMMING COMPETITION (Boys & Girls)
(Separate forms for Boys & Girls to be filled in duplicate)

Name of the School : _____
Address : _____
Tel. No.: _____ School Email : _____ Mobile : _____
Name of the Sports Teacher / Manager who will accompany with the participants : Shri/Smt. _____

Sr. No.	Student Name	M/F	Date of Birth	Age	50 M.	100 M.	Breast	Back	B'Fly	I.M.	Total Event	Total Amt.
1												
2												
3												
4												
5												
6												
7												
8												
Total Amt.												

I hereby certify that all the Competitors who have entered as per details are bonafied students of my school and their dates of birth to the best of my knowledge are correct as recorded in school register. They are perfectly sound in health, free from any disease, physically strong and fit to compete. They are competing entirely at their own risk and Prabodhan Goregaon is not in any way responsible for any injury to them or damage to their equipments or other articles. They will abide by the Rules of the Sports Meet and the decisions of the Officials and implicitly obey and follow instructions that may be given to them during the competitions.

Rubber Seal of the School

(Signature of the Principal)

Date : _____
(Important note P.T.O.)



Prabodhan Kridabhavan Organised
42nd Prabodhan Kridamahotsav 2019



INTER SCHOOL SPORTS MEET 12TH To 15TH December 2019
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Goregaon (W), Mumbai - 400 104 • Tel No.: 28797580
Email : prabodhankridabhavan2014@gmail.com • Web : www.prabodhan.org

Entry Form : SWIMMING COMPETITION (Boys & Girls)

FORM X

(Separate forms for Boys & Girls to be filled in duplicate)

School Name : _____

ENTRY FORM FOR RELAYS ONLY

EVENT No. _____

ENTRY FEES _____

S.No.	NAME OF THE COMPETITOR FIRST NAME - SURNAME (BLOCK LETTERS)	DATE OF BIRTH
1		
2		
3		
4		

EVENT No. _____

ENTRY FEES _____

S.No.	NAME OF THE COMPETITOR FIRST NAME - SURNAME (BLOCK LETTERS)	DATE OF BIRTH
1		
2		
3		
4		

EVENT No. _____

ENTRY FEES _____

S.No.	NAME OF THE COMPETITOR FIRST NAME - SURNAME (BLOCK LETTERS)	DATE OF BIRTH
1		
2		
3		
4		

EVENT No. _____

ENTRY FEES _____

S.No.	NAME OF THE COMPETITOR FIRST NAME - SURNAME (BLOCK LETTERS)	DATE OF BIRTH
1		
2		
3		
4		

STAMP OF THE
SCHOOL

NAME & TEL. NO. OF THE
SPORTS IN-CHARGE

SIGNATURE OF THE
PRINCIPAL

- Venue** : **Ozone Swimming Pool**, Shrirang Sabade Marg,
Siddharth Nagar, Goregaon (W), Mumbai 104.
Tel. : 28797582/85.
- Date** : **12th December 2019**
- Entry Fees** : 1) **Individual Events Rs. 120/- per event**
2) **Relays Rs. 475/- per team per event**
- Last date of Submission** : Entry form duly filled in all respect shall be accepted upto
30th November 2019 at Ozone Swimming Pool
(Strictly no entries will be accepted after the last date.)
- Important Note** : 1) This competition is governed by GMAAA.
2) Junior Competitors shall take part in their **OWN AGE GROUPS** only **FOR INDIVIDUAL EVENTS**.
3) Entries must be submitted in the prescribed form (attached alongwith), with the recent best timings for the event entered. Entries without timings will not be seeded.
4) Any event (Individual or Team), in which less than 3 participants are actually participating will be cancelled.
5) Swimming Events will be decided on Time Trial basis only.
6) Names must be submitted for all team events i.e. Relays, without which entries will not be accepted.
7) Only properly completed Entry Forms, with the name of the School, Principals Name, Signature and Rubber Seal will be accepted.
- Protest** : A protest must be lodged in writing, duly signed by official-in-charge, within 30 minutes of the end of the event together with protest fees of Rs. 1000/-, which will be forfeited if protest is rejected. The decision of the Jury of appeal shall be Final and Binding on all the participants.



Prabodhan Kridabhavan Organised
42nd Prabodhan Kridamahotsav 2019



INTER SCHOOL SPORTS MEET 12TH To 15TH December 2019
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Email : prabodhankridabhavan2014@gmail.com • Web : www.prabodhan.org

Entry Form : TENNIS COMPETITION (Boys & Girls)

FORM XI

(Separate forms for Boys & Girls to be filled in duplicate)

Name of the School : _____

Address : _____

Tel. No.: _____

School Email : _____

Name of the Sports Teacher / Manager who will accompany with the participants :

Shri/Smt. _____ Mobile : _____

Sr. No.	NAME & CONTACT NO.	DATE OF BIRTH	AGE GROUP	Entry Fee : Rs. 420/- per Competitor
1			Girls / Boys Under 10 Born on or after 1-1-2010	
2				
1			Girls / Boys Under 12 Born on or after 1-1-2008	
2				
1			Girls / Boys Under 14 Born on or after 1-1-2006	
2				
1			Girls / Boys Under 16 Born on or after 1-1-2004	
2				

I hereby certify that all the Competitors who have entered as per details are bonafied students of my school and their dates of birth to the best of my knowledge are correct as recorded in school register. They are perfectly sound in health, free from any disease, physically strong and fit to compete. They are competing entirely at their own risk and Prabodhan Goregaon is not in any way responsible for any injury to them or damage to their equipments or other articles. They will abide by the Rules of the Sports Meet and the decisions of the Officials and implicitly obey and follow instructions that may be given to them during the competitions.

(Signature of the Principal)

Rubber Seal of the School

Date : _____

(Important note P.T.O.)

- Venue** : **Prabodhan Tennis Academy**, Prabodhan Joggers Park,
Siddharth Nagar Road No. 17, Goregaon (W), Mumbai 104.
Tel. : 28797588.
- Date** : **12th to 15th December 2019**
- Entry Fees** : **Rs. 420/-** per student age group.
- Last date of Submission** : Entry form duly filled in all respect shall be accepted upto
30TH NOVEMBER 2019 between 9.30 am to 12.30 pm & 4.00 pm
to 7.00 pm at **Prabodhan Joggers Park**
(Strictly no entries will be accepted after the last date.)
- Important Note** :
- 1) All competition are open to the bonafied students upto 10th Standard of School situated between Bandra to Dahisar (Western Suburb of Mumbai)
 - 2) All entry Forms duly completed shall be certified by the Head Master or the Principal of the School.
 - 3) If there are less than eight entries for an event, the organisers may cancel that event.
 - 4) Entry forms in duplicate for Girls and Boys has to be submitted separately.
 - 5) No entry forms will be accepted without Entry Fees.
 - 6) Tennis balls will be provided by the Institution.
 - 7) No student shall be allowed to compete in Tennis without Tennis Racket, Tennis Sports Shoes and Sports Uniform.
 - 8) School are requested to collect their programme schedule from the office on **6nd December 2019** between 9.30 a.m. to 12.30 p.m. & 4.00 to 7.00 p.m. from Prabodhan Joggers Park.
- Note** : The points obtained by the School team in Tennis shall be considered for awarding Prabodhan Grand Trophy.
- Protest** : A protest must be lodged in writing, duly signed by official-in-charge, within 30 minutes of the end of the event together with protest fees of Rs. 1000/-, which will be forfeited if protest is rejected. The decision of the Jury of appeal shall be Final and Binding on all the participants.