Carter Road, Bandra (W), Mumbai - 400 050. Tel: 2644 1111 - 2644 1160-66

31st OPEN SWIMMING & DIVING CHAMPIONSHIP 2016

Auspices: GREATER MUMBAI AMATEUR AQUATIC ASSOCIATION (GMAAA)

		Saturday 16th April, 2016 and Sunday 17th April, 2016		
TIME		Officials Reporting 07:15 am. Warm-up 07:00 am. Event Start 08:00 am.		
ENTRY FEES		Individual Events Rs.60/- per Individual Event Relays Rs.200/- per Team per Event Diving Rs.60/- per Individual Event		
SUBMISSION OF ENTRIES		Entries will be accepted from Monday 4th April to Wednesday 06th April'2016 between 10:00 am to 01:00 pm and 02:00 pm to 05:00 pm.		
RULES	1	Entries must be submitted in the prescribed forms (enclosed) along with the best timings of the last Swim Meet. ENTRIES WITHOUT TIMING WILL NOT BE SEEDED .		
	2	Competitors shall take part in their OWN AGE GROUP ONLY. No age grouper will be allowed to take part in the Men / Women Individual Open Events, but, can take part in the Open Relays.		
	3	Any event Individual or Team in which less than 2 competitors / teams are actually participating may be cancelled. The trials for record purposes may be conducted at the discretion of the Referees.		
	4	All Competitors must submit proof of GMAAA registration. GMAAA verified age proof accepted for Junior swimmers. New / first time competitors to submit Xerox copy of age proof.		
	The result will be based on the best timing among the time trials of the			
	6	Entries will be accepted only from those Swimming Pools/Clubs which are affiliated to GMAAA and from those competitors who are registered with GMAAA for the year 2016-2017 event.		
PROTEST	-	Protest, if any, may be lodged duly signed by the Official In-Charge, within thirty minutes (30 mins.) of the end of the event together with a protest fee of Rs.500/- which will be forfeited if the protest is rejected.		

The decision of the jury of Appeal will be FINAL and BINDING on all the participants.

Ashok Motwani (CEO.Secretary)

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31st Open Swimming & Diving Championship 2016 Saturday 16th April, 2016 and Sunday 17th April, 2016

	A A CONTRACT OF EVENTS						
_	<u>LIST OF EVENTS</u>						
	AGE GROUP (Age as on 1st JANUARY, 2016)						
		Men & Wome			g 1986 - 2	000)	
			OPE				****
	<u>MEN</u>				<u>NEN</u>		
1	50m	FREE STYLE		10	50m	FREE STYLE	
2	100m	FREE STYLE		11	100m	FREE STYLE	
3	200m	FREE STYLE		12	200m	FREE STYLE	
4	100m	BREAST STROKE		13	100m	BREAST STROKE	
5	100m	BACK STROKE		14	100m	BACK STROKE	
6	100m	BUTTERFLY STROKE		15	100m	BUTTERFLY STRONG	
7	200m	INDIVIDUAL MEDLEY		16	200m	INDIVIDUAL MEDALEY	
8	4 x 50m	FREE STYLE RELAY		17	4 x 50m	FREE STYLE RELAN	
9	4 x 50m	MEDLEY RELAY		18	4 x 50m	MEDLEY RELAY	
						*	
		AGE GROUP (A	Age as on	1st .	JANUARY	, 2016)	
		UNDER 7 Year	ars (Born	durir	ng 2009 - 2	<u>2010)</u>	
	BOYS UN	IDER 7			GIRLS U		
19	25m	FREE STYLE		23	25m	FREE STYLE	
20	25m	BREAST STROKE		24	25m	BREAST STROKE	
21	25m	BACK STROKE		25	25m	BACK STROKE	
22	25m	BUTTERFLY STROKE		26	25m	BUTTERFLY STREEKE	
		UNDER 9 Ye	ars (Born	duri	ng 2007- 2	(800)	
	BOYS UN	IDER 9			GIRLS U	NDER 9	
27	50m	FREE STYLE		32	50m	FREE STYLE	
28	50m	BREAST STROKE		33	50m	BREAST STROKE	
29	50m	BACK STROKE		34	50m	BACK STROKE	
30	50m	BUTTERFLY STROKE		35	50m	BUTTERFLY STIRKOWE	
31	100m	INDIVIDUAL MEDLEY		36	100m	INDIVIDUAL MEDILEW	
		UNDER 11 Ye	ars (Born	duri	ng 2005 -	2006)	
	BOYS UN					NDER 11	
37	50m	FREE STYLE		43	50m	FREE STYLE	
38	100m	FREE STYLE		44	100m	FREE STYLE	
39	50m	BREAST STROKE		45	50m	BREAST STROKE	
40	50m	BACK STROKE		46	50m	BACK STROKE	
	50m	BUTTERFLY STROKE		47	50m	BUTTERFLY STRUME	
	200m	INDIVIDUAL MEDLEY		48	200m	INDIVIDUAL MEDILEN	
14-					1745 F/177		
		UNDER 7 - 11 Y	ears (Bor	n du	ring 2005	- 2009)	
	BOVS III	NDER 7 - 11	1201			NDER 7 - 11	
40	4 X 50m			51		FREE STYLE RELAY	
49	4 X 30111	ALEDI EV DELAV		50		MEDIEVOELAN	

52 4 X 50m MEDLEY RELAY

50 4 X 50m MEDLEY RELAY

UNDER 13 YEARS (Born during 2003 - 2004)

	BOYS UNDER 13			GIRLS UNDER 13	
53	100m	FREE STYLE	59	100m	FREE STYLE
54	200m	FREE STYLE	60	200m	FREE STYLE
55	100m	BREAST STROKE	61	100m	BREAST STROKE
56	100m	BACK STROKE	62	100m	BACK STROKE
57	100m	BUTTERFLY STROKE	63	100m	BUTTERFLY STROKE
58	200m	INDIVIDUAL MEDLEY	64	200m	INDIVIDUAL MEDLEY

UNDER 15 YEARS (Born during 2001 - 2002)

	BOYS UNDER 15			GIRLS	UNDER 15	
65	100m	FREE STYLE		71	100m	FREE STYLE
66	200m	FREE STYLE		72	200m	FREE STYLE
67	100m	BREAST STROKE		73	100m	BREAST STROKE
68	100m	BACK STROKE	88	74	100m	BACK STROKE
69	100m	BUTTERFLY STROKE		75	100m	BUTTERFLY STROKE
70	200m	INDIVIDUAL MEDLEY		76	200m	INDIVIDUAL MEDLEY

UNDER 13 - 15 YEARS (Born during 2001 - 2004)

	BOYS UNDER 13 - 15			GIRLS UNDER 13 - 15		
77	4 x 50m	FREE STYLE RELAY	79	4 x 50m	FREE STYLE RELAY	
78	4 x 50m	MEDLEY RELAY	80	4 x 50m	MEDLEY RELAY	

UNDER 31 to 40 (Born during 1976-1985)

MENS UNDER 31 - 40 YEARS				WOME	NS UNDER 31 - 40 YEARS
81	50m	FREE STYLE	82	50m	FREE STYLE
83	50m	BREAST STROKE	84	50m	BREAST STROKE

UNDER 41 to 50 (Born during 1966 - 1975)

	MENS UNDER 41 - 50 YEARS			WOMENS UNDER 41 - 50 YEARS	
85	50m	FREE STYLE	86	50m	FREE STYLE
87	50m	BREAST STROKE	88	50m	BREAST STROKE

50 Years & Above (Born before 1966)

	MENS	ABOVE 51 YEARS		WOME	NS ABOVE 51 YEARS
	50m	FREE STYLE	90	50m	FREE STYLE
01	50m	BREAST STROKE	92	50m	BREAST STROKE

DIVING: 1 mtr. SPRING BOARD & 3 mtr. SPRING BOARD BOYS & GIRLS UNDER 13 (Born during 2003 - 2004)

BOYS & GIRLS UNDER 15 (Born during 2001 - 2002)

BOYS & GIRLS UNDER 18 (Born during 1998 - 1999)
(5 DIFFERENT DIVES WITHOUT LIMIT OF D. D. FOR ALL GROUP)

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31st OPEN SWIMMING & DIVING CHAMPIONSHIP 2016 Saturday 16th April, 2016

PROGRAMME : DAY - 1

WARM-UP: 07:00 am./ EVENT STARTS: 08:00 am.					
1	50m	BREAST STROKE	BOYS U 11		
2	50m	BREAST STROKE	GIRLS U 11		
3	200m	INDIVIDUAL MEDLEY	BOYS U 13		
4	200m	INDIVIDUAL MEDLEY	GIRLS U 13		
5	50m	FREE STYLE	BOYS U 9		
6	50m	FREE STYLE	GIRLS U 9		
7	25m	BACK STROKE	BOYS U 7		
8	25m	BACK STROKE	GIRLS U 7		
9	100m	FREE STYLE	BOYS U 15		
10	100m	FREE STYLE	GIRLS U 15		
11	100m	BUTTERFLY STROKE	BOYS U 13		
12	100m	BUTTERFLY STROKE	GIRLS U 13		
13	100m	BREAST STROKE	MEN		
14	100m	BREAST STROKE	WOMEN		
15	50m	BUTTERFLY STROKE	BOYS U 11		
16	50m	BUTTERFLY STROKE	GIRLS U 11		
17	4 x 50m	FREE STYLE RELAY	BOYS U 13 - 15		
18	4 x 50m	FREE STYLE RELAY	GIRLS U 13 - 15		
19	4 x 50m	MEDLEY RELAY	BOYS U 7-11		
20	4 x 50m	MEDLEY RELAY	GIRLS U 7 - 11		
21	200m	FREE STYLE	MEN		
22	200m	FREE STYLE	WOMEN		
23	200m	INDIVIDUAL MEDLEY	BOYS U 15		
24	200m	INDIVIDUAL MEDLEY	GIRLS U 15		
		INTERVAL			
25	50m	BACK STROKE	BOYS U 9		
26	50m	BACK STROKE	GIRLS U 9		
27	25m	BUTTERFLY STROKE	BOYS U 7		
28	25m	BUTTERFLY STROKE	GIRLS U 7		
29	100m	BACK STROKE	MEN		
30	100m	BACK STROKE	WOMEN		
31	100m	BACK STROKE	BOYS U 15		
32	100m	BACK STROKE	GIRLS U 15		
33	100m	BREAST STROKE	BOYS U 13		
34	100m	BREAST STROKE	GIRLS U 13		
35	100m	FREE STYLE	BOYS U 11		
36	100m	FREE STYLE	GIRLS U 11		
37	100m	INDIVIDUAL MEDLEY	BOYS U 9		
38	100m	INDIVIDUAL MEDLEY	GIRLS U 9		
39	4 x 50m	MEDLEY RELAY	MEN		
40	4 x 50m	MEDLEY RELAY	WOMEN		
41	50m	BREAST STROKE	MEN U 31 - 40		
42	50m	BREAST STROKE	WOMEN U 31 - 40		
43	50m	BREAST STROKE	MEN U 41 - 50		
44	50m	BREAST STROKE	WOMEN 1141 - 50		
	30111				
45	50m	BREAST STROKE BREAST STROKE	MEN 50 & above WOMEN 50 & above		
42 43 44	50m 50m	BREAST STROKE BREAST STROKE			

31st OPEN SWIMMING & DIVING CHAMPIONSHIP 2016 Sunday, 17th April, 2016

PROGRAMME: DAY - 2

WARM-UP: 07:00 am./ EVENT STARTS: 08:00 am.				
1	200m	FREE STYLE	BOYS U 15	
2	200m	FREE STYLE	GIRLS U 15	
3	50m	FREE STYLE	MEN	
4	50m	FREE STYLE	WOMEN	
5	50m	FREE STYLE	BOYS U 11	
6	50m	FREE STYLE	GIRLS U 11	
7	100m	FREE STYLE	BOYS U 13	
8	100m	FREE STYLE	GIRLS U 13	
9	25m	FREE STYLE	BOYS U 7	
10	25m	FREE STYLE	GIRLS U 7	
11	50m	BREAST STROKE	BOYS U 9	
12	50m	BREAST STROKE	GIRLS U 9	
13	100m	BUTTERFLY STROKE	MEN	
14	100m	BUTTERFLY STROKE	WOMEN	
15	4 x 50m	MEDLEY RELAY	BOYS U 13 - 15	
16	4 x 50m	MEDLEY RELAY	GIRLS U 13 - 15	
17	200m	INDIVIDUAL MEDLEY	BOYS U 11	
18	200m	INDIVIDUAL MEDLEY	GIRLS U 11	
19	25m	BREAST STROKE	BOYS U 7	
20	25m	BREAST STROKE	GIRLS U 7	
21	100m	BUTTERFLY STROKE	BOYS U 15	
22	100m	BUTTERFLY STROKE	GIRLS U 15	
23	50m	BUTTERFLY STROKE	BOYS U 9	
24	50m	BUTTERFLY STROKE	GIRLS U 9	
		INTERVAL		
25	200m	INDIVIDUAL MEDLEY	MEN	
26	200m	INDIVIDUAL MEDLEY	WOMEN	
27	100m	BACK STROKE	BOYS U 13	
28	100m	BACK STROKE	GIRLS U 13	
29	50m	BACK STROKE	BOYS U 11	
30	50m	BACK STROKE	GIRLS U 11	
31	100m	BREAST STROKE	BOYS U 15	
32	100m	BREAST STROKE	GIRLS U 15	
33	200m	FREE STYLE	BOYS U 13	
34	200m	FREE STYLE	GIRLS U 13	
35	100m	FREE STYLE	MEN	
36	100m	FREE STYLE	WOMEN	
37	4 x 50m	FREE STYLE RELAY	BOYS U 7 - 11	
38	4 x 50m	FREE STYLE RELAY	GIRLS U 7 - 11	
39	4 x 50m	FREE STYLE RELAY	MEN	
40	4 x 50m	FREE STYLE RELAY	WOMEN	
-			MEN U 31 - 40	
41	50m	FREE STYLE		
42	50m	FREE STYLE	WOMEN U 31 - 40	
43	50m	FREE STYLE	MEN U 41 - 50	
44	50m	FREE STYLE	WOMEN U 41 - 50	
45	50m	FREE STYLE	MEN 50 & above	
46	50m	FREE STYLE	WOMEN 50 & above	
40		1 mtr. SPRING BOARD & 3 mtr. SP		
*	BOYS &			
	BOYS &			
	BOYS &	GIRLS UNDER 18 (Born during 19	98 - 1999)	
	(5 differe	nt dives without limit of D.D. for all grou	ip)	