



13TH ROAD, KHAR (WEST), MUMBAI - 400 052  
TEL.: 6989 5990 / 91 / 92 / 93 / 94, 6989 5999

## Khar Gymkhana Open Swimming Gala - 2024 [UNDER THE AUSPICES OF GMAAA]

**VENUE :** KHAR GYMKHANA SWIMMING POOL  
3rd Floor, 13th Road, KHAR (West), MUMBAI - 400 052.

**DATES:** SATURDAY 6th & SUNDAY 7th April 2024.

**TIMINGS :** REPORTING & WARM UP: 6:45 AM  
STARTING: 8:00 AM

### ENTRY FEES

**INDIVIDUAL EVENTS:** Rs: 150/- PER COMPETITOR PER EVENT.  
**RELAYS:** : Rs. 300/- PER TEAM PER RELAY EVENT.

### SUBMISSION OF ENTRIES

#### Manual

AT KHAR GYMKHANA SWIMMING POOL  
FROM 23RD MARCH 2024 TO 30TH MARCH 2024  
DURING OFFICE HOURS - 10.00 A.M. TO 5.00 P.M

#### Online

ON WEB SITE [WWW.SWIMGALA.COM](http://WWW.SWIMGALA.COM)  
FROM 23RD MARCH 2024 10 A.M TO 30<sup>TH</sup> MARCH 2024 8 P.M.

Entries can also be submitted online by accessing the website [www.swimgala.com](http://www.swimgala.com). We Would urge you to embrace the online entry submission facility/option which is more efficient and less cumbersome. However it must be ensured that the entry fees are duly paid before the commencement of the Meet .

Please find enclosed List of Events, Order of Events & Entry Forms for Individual Events and Relays.

### ENTRY RULES

1. Competitors shall take part in their own age group only and must submit copies of their Birth certificates or Aadhaar Card or any other proof of age along with the Entry Forms.
2. Entries will be accepted only from those Swimming Pools / Clubs which are affiliated to G.M.A.A.A. and from those competitors who are registered with G.M.A.A.A. for the year 2023 - 2024.
3. LATE ENTRIES and SPOT ENTRIES will not be entertained.
4. Events / Results will be determined on Time Trial Basis.

### ENTRY FORMS :

- \* An entry form is enclosed herewith. You are requested to use Xerox copies of entry forms, if needed.
- \* Kindly keep a duplicate / Xerox - copy of the completed ENTRY - FORM for your reference.
- \* Only properly completed entry forms with the name of CLUB/INSTITUTION, duly signed by the officials and stamped will be accepted.





# Khar Gymkhana

ISO 9001:2008

13TH ROAD, KHAR (WEST), MUMBAI - 400 052

TEL.: 6989 5990 / 91 / 92 / 93 / 94, 6989 5999

\* USE SEPARATE ENTRY FORMS FOR BOYS/MEN AND GIRLS/WOMEN.

Entry Fees are payable in cash , by cheque drawn A/c Payee in favour of Khar Gymkhana or NEFT in Khar Gymkhana Bank Account. **DETAILS (A/c Name: KHAR GYMKHANA; Bank Name: AXIS BANK; Branch: KHAR WEST BRANCH; A/c No.: 921010009836180; A/c Type: SAVINGS; IFSC Code: UTIB0000186)**

## PROTEST:

A protest must be lodged in writing, duly signed by the club official-in-charge, within 30 minutes after the end of the event or announcement of the result (whichever is later) together with protest fees of Rs. 500/-, which will be forfeited if the protest is rejected. The decision of the Jury of Appeal shall be FINAL AND BINDING on all the participants.

Thanking you,

**HON. GEN. SECRETARY**

**LIST OF EVENTS:****Under 6** (Born after 1.01.2018)

Boys Under 6		Girls Under 6	
1	25 Freestyle	5	25 Freestyle
2	25 Breaststroke	6	25 Breaststroke
3	25 Backstroke	7	25 Backstroke
4	25 Butterfly	8	25 Butterfly

**Under 8** (Born between 1.01.2016 - 31.12.2017)

Boys Under 8		Girls Under 8	
9	50 Freestyle	14	50 Freestyle
10	50 Breaststroke	15	50 Breaststroke
11	50 Backstroke	16	50 Backstroke
12	50 Butterfly	17	50 Butterfly
13	100 Individual Medley	18	100 Individual Medley

**Under 10** (Born between 1.01.2014 - 31.12.2015)

Boys Under 10		Girls Under 10	
19	100 Freestyle	24	100 Freestyle
20	50 Breaststroke	25	50 Breaststroke
21	50 Backstroke	26	50 Backstroke
22	50 Butterfly	27	50 Butterfly
23	100 Individual Medley	28	100 Individual Medley

**Under 12** (Born between 1.01.2012 - 31.12.2013)

Boys Under 12		Girls Under 12	
29	100 Freestyle	34	100 Freestyle
30	100 Breaststroke	35	100 Breaststroke
31	100 Backstroke	36	100 Backstroke
32	100 Butterfly	37	100 Butterfly
33	200 Individual Medley	38	200 Individual Medley

**Under 14** (Born between 1.01.2010 - 31.12.2011)

Boys Under 14		Girls Under 14	
39	50 Freestyle	45	50 Freestyle
40	100 Freestyle	46	100 Freestyle
41	100 Breaststroke	47	100 Breaststroke
42	100 Backstroke	48	100 Backstroke
43	100 Butterfly	49	100 Butterfly
44	200 Individual Medley	50	200 Individual Medley

**Under 16** (Born between 1.01.2008 - 31.12.2009)

Boys Under 16		Girls Under 16	
51	100 Freestyle	57	100 Freestyle
52	200 Freestyle	58	200 Freestyle
53	100 Breaststroke	59	100 Breaststroke
54	100 Backstroke	60	100 Backstroke
55	100 Butterfly	61	100 Butterfly
56	200 Individual Medley	62	200 Individual Medley

**Age 17-30** (Born between 1.01.1994 - 31.12.2007)

Men		Women	
63	50 Freestyle	70	50 Freestyle
64	100 Freestyle	71	100 Freestyle
65	200 Freestyle	72	200 Freestyle
66	100 Breaststroke	73	100 Breaststroke
67	100 Backstroke	74	100 Backstroke
68	100 Butterfly	75	100 Butterfly
69	200 Individual Medley	76	200 Individual Medley

**Age 31-40** (Born between 1.01.1984 - 31.12.1993)

Men		Women	
77	50 Freestyle	81	50 Freestyle
78	50 Breaststroke	82	50 Breaststroke
79	50 Backstroke	83	50 Backstroke
80	50 Butterfly	84	50 Butterfly

**Age 41-50** (Born between 1.01.1974 - 31.12.1983)

Men		Women	
85	50 Freestyle	87	50 Freestyle
86	50 Breaststroke	88	50 Breaststroke

**Age 51-60** (Born between 1.01.1964 - 31.12.1973)

Men		Women	
89	50 Freestyle	91	50 Freestyle
90	50 Breaststroke	92	50 Breaststroke

**Age 61 & Above** (Born before 31.12.1963)

Men		Women	
93	50 Freestyle	95	50 Freestyle
94	50 Breaststroke	96	50 Breaststroke

**RELAY EVENTS****Under 8 + Under 6** (Born between 1.01.2016 – 31.12.2019)

Boys		Girls	
97	4 x 50 Freestyle Relay	99	4 x 50 Freestyle Relay
98	4 x 50 Medley Relay	100	4 x 50 Medley Relay

**Under 12 + Under 10** (Born between 1.01.2012 – 31.12.2015)

Boys		Girls	
101	4 x 50 Freestyle Relay	103	4 x 50 Freestyle Relay
102	4 x 50 Medley Relay	104	4 x 50 Medley Relay

**Under 16 + Under 14** (Born between 1.01.2008 – 31.12.2011)

Boys		Girls	
105	4 x 50 Freestyle Relay	107	4 x 50 Freestyle Relay
106	4 x 50 Medley Relay	108	4 x 50 Medley Relay

**OPEN** (Across all ages)

Men		Women	
109	4 x 50 Freestyle Relay	111	4 x 50 Freestyle Relay
110	4 x 50 Medley Relay	112	4 x 50 Medley Relay
113	4 x 50 Mixed Freestyle Relay		
114	4 x 50 Mixed Medley Relay		

**31 & Above Masters** (Born between 1.01.1944 - 31.12.1993)

Men		Women	
115	4 x 50 Freestyle Relay	117	4 x 50 Freestyle Relay
116	4 x 25 Medley Relay	118	4 x 25 Medley Relay

**Khar Gymkhana Open Swimming Gala 2024**  
**Program and Order of events on Saturday 6<sup>th</sup> April, 2024**

Sr. No.	Event		Age group	
1	100M	Breaststroke	Boys	Under 12 Years
2	100M	Breaststroke	Girls	Under 12 Years
3	50M	Breaststroke	Boys	Under 10 Years
4	50M	Breaststroke	Girls	Under 10 Years
5	50M	Breaststroke	Boys	Under 8 Years
6	50M	Breaststroke	Girls	Under 8 Years
7	25M	Breaststroke	Boys	Under 6 Years
8	25M	Breaststroke	Girls	Under 6 Years
9	50M	Breaststroke	Men	41-50 Years
10	50M	Breaststroke	Women	41-50 Years
11	50M	Breaststroke	Men	51-60 Years
12	50M	Breaststroke	Women	51-60 Years
13	100M	Backstroke	Boys	Under 12 Years
14	100M	Backstroke	Girls	Under 12 Years
15	50M	Backstroke	Boys	Under 10 Years
16	50M	Backstroke	Girls	Under 10 Years
17	50M	Backstroke	Boys	Under 8 Years
18	50M	Backstroke	Girls	Under 8 Years
19	25M	Backstroke	Boys	Under 6 Years
20	25M	Backstroke	Girls	Under 6 Years
21	100M	Free style	Boys	Under 12 Years
22	100M	Free style	Girls	Under 12 Years
23	100M	Free style	Boys	Under 10 Years
24	100M	Free style	Girls	Under 10 Years
25	50M	Free style	Boys	Under 8 Years
26	50M	Free style	Girls	Under 8 Years
27	25M	Free style	Boys	Under 6 Years
28	25M	Free style	Girls	Under 6 Years
29	50M	Free style	Men	41-50 Years
30	50M	Free style	Women	41-50 Years
31	50M	Free style	Men	51-60 Years
32	50M	Free style	Women	51-60 Years
33	4x50	Medley Relay	Boys	Under 10 & 12 Years
34	4x50	Medley Relay	Girls	Under 10 & 12 Years
35	4x50	Medley Relay	Boys	Under 6 & 8 Years
36	4x50	Medley Relay	Girls	Under 6 & 8 Years

<b>Interval</b>				
37	100M	Butterfly Stroke	Boys	Under 12 Years
38	100M	Butterfly Stroke	Girls	Under 12 Years
39	50M	Butterfly Stroke	Boys	Under 10 Years
40	50M	Butterfly Stroke	Girls	Under 10 Years
41	50M	Butterfly Stroke	Boys	Under 8 Years
42	50M	Butterfly Stroke	Girls	Under 8 Years
43	25M	Butterfly Stroke	Boys	Under 6 Years
44	25M	Butterfly Stroke	Girls	Under 6 Years
45	200M	Individual Medley	Boys	Under 12 Years
46	200M	Individual Medley	Girls	Under 12 Years
47	100 M	Individual Medley	Boys	Under 10 Years
48	100 M	Individual Medley	Girls	Under 10 Years
49	100 M	Individual Medley	Boys	Under 8 Years
50	100 M	Individual Medley	Girls	Under 8 Years
51	4x50	Free style Relay	Boys	Under 10 & 12 Years
52	4x50	Free style Relay	Girls	Under 10 & 12 Years
53	4x50	Free style Relay	Boys	Under 6 & 8 Years
54	4x50	Free style Relay	Girls	Under 6 & 8 Years

**Khar Gymkhana Open Swimming Gala 2024**  
**Program and Order of events on Sunday 7th April, 2024**

Sr. No.	Event		Age group	
1	200 M	Free Style	Men	17 - 30 Years
2	200 M	Free Style	Women	17 - 30 Years
3	100 M	Breaststroke	Boys	Under 16 Years
4	100 M	Breaststroke	Girls	Under 16 Years
5	100 M	Breaststroke	Boys	Under 14 Years
6	100 M	Breaststroke	Girls	Under 14 Years
7	100 M	Breaststroke	Men	17 - 30 Years
8	100 M	Breaststroke	Women	17 - 30 Years
9	50 M	Breaststroke	Men	31 - 40 Years
10	50 M	Breaststroke	Women	31 - 40 Years
11	50 M	Breaststroke	Men	61 & Above
12	50 M	Breaststroke	Women	61 & Above
13	100 M	Backstroke	Boys	Under 16 Years
14	100 M	Backstroke	Girls	Under 16 Years
15	100 M	Backstroke	Boys	Under 14 Years
16	100 M	Backstroke	Girls	Under 14 Years
17	100 M	Backstroke	Men	17 - 30 Years
18	100 M	Backstroke	Women	17 - 30 Years
19	50 M	Backstroke	Men	31 - 40 Years
20	50 M	Backstroke	Women	31 - 40 Years
21	4 x 50	Medley Relay	Men	Open
22	4 x 50	Medley Relay	Women	Open
23	50 M	Free Style	Boys	Under 14 Years
24	50 M	Free Style	Girls	Under 14 Years
25	200 M	Free Style	Boys	Under 16 Years
26	200 M	Free Style	Girls	Under 16 Years
27	50 M	Free Style	Men	61 & Above
28	50 M	Free Style	Women	61 & Above
29	50 M	Free Style	Men	17 - 30 Years
30	50 M	Free Style	Women	17 - 30 Years
31	4 x 50	Medley Relay	Boys	Under 14 & 16 Years
32	4 x 50	Medley Relay	Girls	Under 14 & 16 Years
33	4 x 25	Medley Relay	Men	31 & Above Masters
34	4 x 25	Medley Relay	Women	31 & Above Masters
35	4 x 50	Mixed Medley Relay	Mixed	Open



**Interval**

36	100 M	Free Style	Boys	Under 14 Years
37	100 M	Free Style	Girls	Under 14 Years
38	100 M	Free Style	Boys	Under 16 Years
39	100 M	Free Style	Girls	Under 16 Years
40	100 M	Free Style	Men	17 - 30 Years
41	100 M	Free Style	Women	17 - 30 Years
42	50 M	Free Style	Men	31 - 40 Years
43	50 M	Free Style	Women	31 - 40 Years
44	100 M	Butterfly	Boys	Under 14 Years
45	100 M	Butterfly	Girls	Under 14 Years
46	100 M	Butterfly	Boys	Under 16 Years
47	100 M	Butterfly	Girls	Under 16 Years
48	100 M	Butterfly	Men	17 - 30 Years
49	100 M	Butterfly	Women	17 - 30 Years
50	50 M	Butterfly stroke	Men	31 - 40 Years
51	50 M	Butterfly stroke	Women	31 - 40 Years
52	4 x 50	Mixed Freestyle Relay	Mixed	Open
53	200 M	Individual Medley	Boys	Under 14 Years
54	200 M	Individual Medley	Girls	Under 14 Years
55	200 M	Individual Medley	Boys	Under 16 Years
56	200 M	Individual Medley	Girls	Under 16 Years
57	200 M	Individual Medley	Men	17 - 30 Years
58	200 M	Individual Medley	Women	17 - 30 Years
59	4 x 50	Freestyle Relay	Boys	Under 14 & 16 Years
60	4 x 50	Freestyle Relay	Girls	Under 14 & 16 Years
61	4 x 50	Freestyle Relay	Men	31 & Above Masters
62	4 x 50	Freestyle Relay	Women	31 & Above Masters
63	4 x 50	Freestyle Relay	Men	Open
64	4 x 50	Freestyle Relay	Women	Open

**KHAR GYMKHANA**  
**13th Road, Khar (W), Mumbai, Maharashtra**  
**Khar Gymkhana Open Swimming Gala 2024**

**ENTRY FORM**

(Please use BLOCK letters to fill the form)

Name of Unit (Club / Institution) \_\_\_\_\_

Date: \_\_\_\_\_

SR. NO.	NAME OF COMPETITOR	M/F	D.O.B	AGE GROUP	EVENT NOS.							TOTAL NO.OF EVENTS	ENTRY FEES (RS.)
1													
2													
3													
4													
5													
6													
7													
8													
9													
10													
11													
12													
13													
14													
15													

Total entry fees: Rs. \_\_\_\_\_

Phone no. of coach / official: \_\_\_\_\_

STAMP OF THE  
CLUB/INSTITUTION

NAME & TEL NO. OF.  
THE OFFICIAL IN-CHARGE

SIGNATURE  
SECRETARY/MANAGER

**Khar Gymkhana Open Swimming Gala 2024**  
**ENTRY FORM FOR RELAYS ONLY**

Unit (Club/Institution) \_\_\_\_\_ Date: \_\_\_\_\_

EVENT No. \_\_\_\_\_ ENTRY FEES Rs. \_\_\_\_\_

S. NO.	NAME OF THE COMPETITOR FIRST NAME – SURNAME (BLOCK LETTERS)	DATE OF BIRTH
1		
2		
3		
4		
5		
6		

EVENT No. \_\_\_\_\_ ENTRY FEES Rs. \_\_\_\_\_

S. NO.	NAME OF THE COMPETITOR FIRST NAME – SURNAME (BLOCK LETTERS)	DATE OF BIRTH
1		
2		
3		
4		
5		
6		

EVENT No. \_\_\_\_\_ ENTRY FEES Rs. \_\_\_\_\_

S. NO.	NAME OF THE COMPETITOR FIRST NAME – SURNAME (BLOCK LETTERS)	DATE OF BIRTH
1		
2		
3		
4		
5		
6		

TOTAL AMOUNT Rs. \_\_\_\_\_

STAMP OF THE  
CLUB/INSTITUTION

NAME & TEL NO. OF.  
THE OFFICIAL IN-CHARGE

SIGNATURE  
SECRETARY/MANAGER