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## MATUNGA GYMKHANA

Lakhamsey Napoo Road, Matunga,  
Mumbai – 400 019.

March 13, 2023

The Chairperson / Secretary,  
Swimming Committee,

Dear Sir / Madam,

**Sub: 12th Matunga Gymkhana Open Swimming Meet.**

The Matunga Gymkhana under the auspices of GMAAA will be conducting its 12th Inter Club Swimming Competition in April 2023 at our Ozone treated 25 M. Swimming Pool.

Details of the Meet are as under:-

**Date of Meet** : Saturday 1st April 2023 and Sunday 2nd April 2023.

**Venue** : Matunga Gymkhana, Lakhamsey Napoo Road,  
Matunga, Mumbai – 400 019

**Timing** : Warm-up: 8.00 to 8.45 am. Reporting (officials): 8.30 a.m. Starting of events 9 a.m.  
(Both the days)

**Entry Fees** : Rs. 50/- per Individual Event  
Rs. 200/- per Team (Relay)

(Swimmer must submit their latest timing to qualify for seeding)

**Place for Submission** : Gymkhana Office.

**Date & Time** : Last date Sunday 26<sup>th</sup> March 2023

**For Submission** at 9 am to 1 pm & 2 pm to 6 pm

**Registration** : Entries only from registered Swimmers with GMAAA will be accepted.

Please find enclosed herewith the Event list, Short Program and Entry Form.

Thanking you.

**T. V. Krishnan**  
Honorary General Secretary

# 12th MATUNGA GYMKHANA OPEN SWIMMING MEET 2023

## LIST OF EVENTS

### SR. NO. EVENTS

#### ***BOYS UNDER 5 YEARS***

- 1 25 M. Free Style
- 2 25 M. Breast Stroke
- 3 25 M. Back Stroke
- 4 25 M. Butterfly Stroke

#### ***BOYS UNDER 7 YEARS***

- 5 50 M. Free Style
- 6 50 M. Breast Stroke
- 7 50 M. Back Stroke
- 8 50 M. Butterfly Stroke

#### ***BOYS UNDER 9 YEARS***

- 9 50 M. Free Style
- 10 50 M. Breast Stroke
- 11 50 M. Back Stroke
- 12 50 M. Butterfly Stroke
- 13 100 M. Individual Medley

#### ***BOYS UNDER 11 YEARS***

- 14 50 M. Free Style
- 15 50 M. Breast Stroke
- 16 50 M. Back Stroke
- 17 50 M. Butterfly Stroke
- 18 100 M. Individual Medley

#### ***BOYS UNDER 13 YEARS***

- 19 50 M. Free Style
- 20 50 M. Breast Stroke
- 21 50 M. Back Stroke
- 22 50 M. Butterfly Stroke
- 23 100 M. Individual Medley

#### ***BOYS UNDER 15 YEARS***

- 24 50 M. Free Style
- 25 50 M. Breast Stroke
- 26 50 M. Back Stroke
- 27 50 M. Butterfly Stroke
- 28 100 M. Individual Medley

### SR. NO. EVENTS

#### ***GIRLS UNDER 5 YEARS***

**(BORN AFTER 1.01.2018)**

- 44 25 M. Free Style
- 45 25 M. Breast Stroke
- 46 25 M. Back Stroke
- 47 25 M. Butterfly Stroke

#### ***GIRLS UNDER 7 YEARS***

**(BORN FROM 1.01.2016 TO 31.12.2017)**

- 48 50 M. Free Style
- 49 50 M. Breast Stroke
- 50 50 M. Back Stroke
- 51 50 M. Butterfly Stroke

#### ***GIRLS UNDER 9 YEARS***

**(BORN FROM 1.01.2014 TO 31.12.2015)**

- 52 50 M. Free Style
- 53 50 M. Breast Stroke
- 54 50 M. Back Stroke
- 55 50 M. Butterfly Stroke
- 56 100 M. Individual Medley

#### ***GIRLS UNDER 11 YEARS***

**(BORN FROM 1.01.2012 TO 31.12.2013)**

- 57 50 M. Free Style
- 58 50 M. Breast Stroke
- 59 50 M. Back Stroke
- 60 50 M. Butterfly Stroke
- 61 100 M. Individual Medley

#### ***GIRLS UNDER 13 YEARS***

**(BORN FROM 1.01.2010 TO 31.12.2011)**

- 62 50 M. Free Style
- 63 50 M. Breast Stroke
- 64 50 M. Back Stroke
- 65 50 M. Butterfly Stroke
- 66 100 M. Individual Medley

#### ***GIRLS UNDER 15 YEARS***

**(BORN FROM 1.01.2008 TO 31.12.2009)**

- 67 50 M. Free Style
- 68 50 M. Breast Stroke
- 69 50 M. Back Stroke
- 70 50 M. Butterfly Stroke
- 71 100 M. Individual Medley

***MEN UNDER 30 YEARS***

***WOMEN UNDER 30 YEARS***

**(BORN FROM 1.01.1993 TO 31.12.2007)**

29 50 M. Free Style  
30 50 M. Breast Stroke  
31 50 M. Back Stroke  
32 50 M. Butterfly Stroke  
33 100 M. Individual Medley

72 50 M. Free Style  
73 50 M. Breast Stroke  
74 50 M. Back Stroke  
75 50 M. Butterfly Stroke  
76 100 M. Individual Medley

***MEN UNDER 40 YEARS***

***WOMEN UNDER 40 YEARS***

**(BORN FROM 1.01.1983 TO 31.12.1992)**

34 50 M. Free Style  
35 50 M. Breast Stroke

77 50 M. Free Style  
78 50 M. Breast Stroke

***MEN UNDER 50 YEARS***

***WOMEN UNDER 50 YEARS***

**(BORN FROM 1.01.1973 TO 31.12.1982)**

36 50 M. Free Style  
37 50 M. Breast Stroke

79 50 M. Free Style  
80 50 M. Breast Stroke

***MEN ABOVE 50 YEARS***

***WOMEN ABOVE 50 YEARS***

**(BORN BEFORE ON OR BEFORE 31.12.1972)**

38 50 M. Free Style  
39 50 M. Breast Stroke

81 50 M. Free Style  
82 50 M. Breast Stroke

***RELAY FOR BOYS 7 & 9***

***RELAY FOR GIRLS 7 & 9***

40 4 x 50 M. Free Style  
41 4 x 50 M. Medley

83 4 x 50 M. Free Style  
84 4 x 50 M. Medley

***RELAY FOR BOYS 11, 13 & 15***

***RELAY FOR GIRLS 11, 13 & 15***

42 4 x 50 M. Free Style  
43 4 x 50 M. Medley

85 4 x 50 M. Free Style  
86 4 x 50 M. Medley

**12th MATUNGA GYMKHANA OPEN SWIMMING MEET 2023**  
**VENUE: MATUNGA GYMKHANA, L. N. ROAD, MATUNGA, MUMBAI – 400 019**

**PROGRAMME / ORDER OF EVENTS**

**SATURDAY 1<sup>ST</sup> APRIL 2023**

**Timings:** Warm-up: 8.00 am.

Starting: 9.00 am.

<b>SR. NO.</b>	<b>EVENTS</b>	<b>SR. NO.</b>	<b>EVENTS</b>
1)	50 M. Free Style Boys Under 15 Years	23)	100 M. Individual Medley Men 30 Years
2)	50 M. Free Style Girls Under 15 Years	24)	100 M. Individual Medley Women 30 Years
3)	50 M. Free Style Boys Under 13 Years	25)	4 x 50 M. Medley Boys Under 11, 13, 15 Years
4)	50 M. Free Style Girls Under 13 Years	26)	4 x 50 M. Medley Girls Under 11, 13, 15 Years
5)	50 M. Free Style Boys Under 11 Years	27)	50 M. Butterfly Stroke Boys Under 15 Years
6)	50 M. Free Style Girls Under 11 Years	28)	50 M. Butterfly Stroke Girls Under 15 Years
7)	50 M. Free Style Men 30 Years	29)	50 M. Butterfly Stroke Boys Under 13 Years
8)	50 M. Free Style Women 30 Years	30)	50 M. Butterfly Stroke Girls Under 13 Years
9)	50 M. Breast Stroke Boys Under 15 Years	31)	50 M. Butterfly Stroke Boys Under 11 Years
10)	50 M. Breast Stroke Girls Under 15 Years	32)	50 M. Butterfly Stroke Girls Under 11 Years
11)	50 M. Breast Stroke Boys Under 13 Years	33)	50 M. Butterfly Stroke Men 30 Years
12)	50 M. Breast Stroke Girls Under 13 Years	34)	50 M. Butterfly Stroke Women 30 Years
13)	50 M. Breast Stroke Boys Under 11 Years	35)	50 M. Back Stroke Boys Under 15 Years
14)	50 M. Breast Stroke Girls Under 11 Years	36)	50 M. Back Stroke Girls Under 15 Years
15)	50 M. Breast Stroke Men 30 Years	37)	50 M. Back Stroke Boys Under 13 Years
16)	50 M. Breast Stroke Women 30 Years	38)	50 M. Back Stroke Girls Under 13 Years
17)	100 M. Individual Medley Boys Under 15 Years	39)	50 M. Back Stroke Boys Under 11 Years
18)	100 M. Individual Medley Girls Under 15 Years	40)	50 M. Back Stroke Girls Under 11 Years
19)	100 M. Individual Medley Boys Under 13 Years	41)	50 M. Back Stroke Men 30 Years
20)	100 M. Individual Medley Girls Under 13 Years	42)	50 M. Back Stroke Women 30 Years
21)	100 M. Individual Medley Boys Under 11 Years	43)	4 x 50 M. Free Style Boys Under 11, 13, 15 Years
22)	100 M. Individual Medley Girls Under 11 Years	44)	4 x 50 M. Free Style Girls Under 11, 13, 15 Years

**12th MATUNGA GYMKHANA OPEN SWIMMING MEET**  
**VENUE: MATUNGA GYMKHANA, L. N. ROAD, MATUNGA, MUMBAI – 400 019**

**PROGRAMME / ORDER OF EVENTS**

**SUNDAY 2<sup>ND</sup> APRIL 2023**

**Timings:** Warm-up: 8.00 am.

Starting: 9.00 am.

<b>SR. NO.</b>	<b>EVENTS</b>	<b>SR. NO.</b>	<b>EVENTS</b>
1)	50 M. Free Style Boys Under 9 Years	23)	50 M. Breast Stroke Boys Under 9 Years
2)	50 M. Free Style Girls Under 9 Years	24)	50 M. Breast Stroke Girls Under 9 Years
3)	50 M. Free Style Boys Under 7 Years	25)	50 M. Breast Stroke Boys Under 7 Years
4)	50 M. Free Style Girls Under 7 Years	26)	50 M. Breast Stroke Girls Under 7 Years
5)	25 M. Free Style Boys Under 5 Years	27)	25 M. Breast Stroke Boys Under 5 Years
6)	25 M. Free Style Girls Under 5 Years	28)	25 M. Breast Stroke Girls Under 5 Years
7)	50 M. Back Stroke Boys Under 9 Years	29)	50 M. Breast Stroke Men below 40 Years
8)	50 M. Back Stroke Girls Under 9 Years	30)	50 M. Breast Stroke Men below 50 Years
9)	50 M. Back Stroke Boys Under 7 Years	31)	50 M. Breast Stroke Women below 40 Years
10)	50 M. Back Stroke Girls Under 7 Years	32)	50 M. Breast Stroke Women below 50 Years
11)	25 M. Back Stroke Boys Under 5 Years	33)	50 M. Butterfly Stroke Boys Under 9 Years
12)	25 M. Back Stroke Girls Under 5 Years	34)	50 M. Butterfly Stroke Girls Under 9 Years
13)	100 M Individual Medley Boys Under 9 Years	35)	50 M. Butterfly Stroke Boys Under 7 Years
14)	100 M Individual Medley Girls Under 9 Years	36)	50 M. Butterfly Stroke Girls Under 7 Years
15)	50 M. Free Style Men below 40 Years	37)	25 M. Butterfly Stroke Boys Under 5 Years
16)	50 M. Free Style Men below 50 Years	38)	25 M. Butterfly Stroke Girls Under 5 Years
17)	50 M. Free Style Women below 40 Years	39)	4 x 50 M. Free Style Relay Boys Under 5, 7 & 9 Years
18)	50 M. Free Style Women below 50 Years	40)	4 x 50 M. Free Style Relay Girls Under 5, 7 & 9 Years
19)	4 x 50 M. Medley Relay Boys Under 5, 7 & 9 Years	41)	50 M. Breast Stroke Men above 50 Years
20)	4 x 50 M. Medley Relay Girls Under 5, 7 & 9 Years	42)	50 M. Breast Stroke Women above 50 Years
21)	50 M. Free Style Men above 50 Years		
22)	50 M. Free Style Women above 50 Years		

# MATUNGA GYMKHANA

(Affiliated to G.M.A.A.A.)

## Entry Form for 12th Matunga Gymkhana Open Swimming Meet 2023

(Make copies as required)

Name of Unit (Club / Institution) \_\_\_\_\_ Date: \_\_\_\_\_ 2023

Sr. No.	Name of Competitor	Male/ Female	Date of Birth	Age Group	Event Nos.						Total No. of Events	Entry Fees (Rs.)
1												
2												
3												
4												
5												
6												
7												
8												
<b>Total Entry Fees</b>												

### Rules:-

1. Entries must be submitted in the prescribed forms (enclosed) along with the best timings of the last two Swim meets together with copy of certificate of award, for the events entered. **ENTRIES WITHOUT TIMING WILL NOT BE SEDED.**
2. Competitors shall take part in their OWN AGE GROUP ONLY, but can take part in the Open Relay.
3. Any event, individual or Team in which less than 2 Competitors/ team are actually participating may be cancelled. The trials for record purposes may be conducted at the discretion of the Referees.
4. All Competitors must submit proof of GMAAA registration. GMAAA verified age proof accepted for Junior swimmers. New /first time competitors to submit Xerox copies of age proof.
5. The result will be based on the best timing among the time trials of the event.
6. Entries will be accepted from only those Swimming Pools / Clubs which are affiliated to GMAAA and from those competitors who are registered with
7. GMAAA for the year 2023-24.

# MATUNGA GYMKHANA

## Relay Entry Form for 12th Matunga Gymkhana Open Swimming Meet 2023

Name of Unit (Club / Institution) \_\_\_\_\_ Date: \_\_\_\_\_ 2023

EVENT No. \_\_\_\_\_

ENTRY FEES Rs. \_\_\_\_\_

S. No.	NAME	DATE OF BIRTH	AGE GROUP
1			
2			
3			
4			
5			
6			

EVENT No. \_\_\_\_\_

ENTRY FEES Rs. \_\_\_\_\_

S. No.	NAME	DATE OF BIRTH	AGE GROUP
1			
2			
3			
4			
5			
6			

EVENT No. \_\_\_\_\_

ENTRY FEES Rs. \_\_\_\_\_

S. No.	NAME	DATE OF BIRTH	AGE GROUP
1			
2			
3			
4			
5			
6			

TOTAL AMOUNT Rs. \_\_\_\_\_