

THE ACRES LIFESTYLE CLUB

411-B, Hemu Kalani Marg, Chembur, Mumbai 400071

Tel: (022) 2522 2731

5th OPEN SWIM MEET 2016

Saturday July 16, 2016

Auspices: GREATER MUMBAI AMATEUR AQUATIC ASSOCIATION (GMAAA)

SESSION 1 (Under 13 and 15 Years)

TIME	Officials Reporting	... 8:30 am
	Warm-up	... 8:30 am
	Event Start	... 9:00 am

SESSION 2 (Under 7, 9 and 11 Years)

TIME	Officials Reporting	... 01:30 pm
	Warm-up	... 01:30 pm
	Event Start	... 02:00 pm

ENTRY FEES

Individual events	... Rs. 60/- per Individual Event
Relays	... Rs. 150/- per Team per Event

SUBMISSION OF ENTRIES

Entries will be accepted with cash payment only from **Tuesday 21st June to Thursday 30th June 2016** between 10:00 am to 1:00 pm and 2:00 pm to 5:00 pm at the Acres Club Office.

RULES

1. Entries must be submitted in the prescribed forms (enclosed).
2. Competitors shall take part in the OWN AGE GROUP ONLY.
3. Any event either Individual or Team in which less than 2 competitors / teams are actually participating may be cancelled. The trials for record purposes may be conducted at the discretion of the Referees.
4. All competitors must submit proof of GMAAA registration. GMAAA verified age proof is accepted for junior swimmers.
5. The result will be based on the best timing among the time trials of the event.
6. Entries will be accepted only from those Swimming Pools or Clubs which are affiliated to GMAAA and from those competitors who are registered with GMAAA for the year 2014-2016 event.

PROTEST

Protest, if any, may be lodged duly signed by the Official-in-Charge, within thirty minutes of the end of the event together with a protest fee of Rs. 500/- which will be forfeited if the protest is rejected.

The decision of the Jury of Appeal will be FINAL and BINDING on all the participants.

Anand Pardeshi
Event Director

THE ACRES LIFESTYLE CLUB 5TH OPEN SWIM MEET 2016

LIST OF EVENTS

AGE GROUP (Age as on 1st JANUARY 2016)

UNDER 7 YEARS (Born during 2009-2010)

BOYS		GIRLS	
1	25 M. FREE STYLE	5	25 M. FREE STYLE
2	25 M. BREAST STROKE	6	25 M. BREAST STROKE
3	25 M. BACK STROKE	7	25 M. BACK STROKE
4	25 M. BUTTERFLY STROKE	8	25 M. BUTTERFLY STROKE

UNDER 9 YEARS (Born during 2007-2008)

BOYS		GIRLS	
9	50 M. FREE STYLE	13	50 M. FREE STYLE
10	50 M. BREAST STROKE	14	50 M. BREAST STROKE
11	50 M. BACK STROKE	15	50 M. BACK STROKE
12	50 M. BUTTERFLY STROKE	16	50 M. BUTTERFLY STROKE

UNDER 11 YEARS (Born during 2005-2006)

BOYS		GIRLS	
17	50 M. FREE STYLE	21	50 M. FREE STYLE
18	50 M. BREAST STROKE	22	50 M. BREAST STROKE
19	50 M. BACK STROKE	23	50 M. BACK STROKE
20	50 M. BUTTERFLY STROKE	24	50 M. BUTTERFLY STROKE

UNDER 7, 9 & 11 YEARS (Born during 2005-2010)

BOYS		GIRLS	
25	4 x 50 M. FREE STYLE RELAY	27	4 x 50 M. FREE STYLE RELAY
26	4 x 50 M. MEDLEY RELAY	28	4 x 50 M. MEDLEY RELAY

UNDER 13 YEARS (Born during 2003-2004)

BOYS		GIRLS	
29	100 M. FREE STYLE	33	100 M. FREE STYLE
30	100 M. BREAST STROKE	34	100 M. BREAST STROKE
31	100 M. BACK STROKE	35	100 M. BACK STROKE
32	100 M. BUTTERFLY STROKE	36	100 M. BUTTERFLY STROKE

UNDER 15 YEARS (Born during 2001-2002)

BOYS		GIRLS	
37	100 M. FREE STYLE	41	100 M. FREE STYLE
38	100 M. BREAST STROKE	42	100 M. BREAST STROKE
39	100 M. BACK STROKE	43	100 M. BACK STROKE
40	100 M. BUTTERFLY STROKE	44	100 M. BUTTERFLY STROKE

UNDER 13 & 15 YEARS (Born during 2001-2004)

BOYS		GIRLS	
45	4 x 50 M. FREE STYLE RELAY	47	4 x 50 M. FREE STYLE RELAY
46	4 x 50 M. MEDLEY RELAY	48	4 x 50 M. MEDLEY RELAY

THE ACRES LIFESTYLE CLUB 5TH OPEN SWIM MEET 2016

PROGRAM – Saturday July 16, 2016

SESSION 1 – UNDER 13 & UNDER 15 YEARS

WARM UP: 8:30 am. EVENT STARTS: 9:00 am

SR. NO.	EVENT	AGE GROUP
1	100 M. FREE STYLE	BOYS UNDER 13
2	100 M. FREE STYLE	GIRLS UNDER 13
3	100 M. FREE STYLE	BOYS UNDER 15
4	100 M. FREE STYLE	GIRLS UNDER 15
5	100 M. BREAST STROKE	BOYS UNDER 13
6	100 M. BREAST STROKE	GIRLS UNDER 13
7	100 M. BREAST STROKE	BOYS UNDER 15
8	100 M. BREAST STROKE	GIRLS UNDER 15
9	4 x 50 M. MEDLEY RELAY	BOYS UNDER 13, 15
10	4 x 50 M. MEDLEY RELAY	GIRLS UNDER 13, 15
11	100 M. BACK STROKE	BOYS UNDER 13
12	100 M. BACK STROKE	GIRLS UNDER 13
13	100 M. BACK STROKE	BOYS UNDER 15
14	100 M. BACK STROKE	GIRLS UNDER 15
15	100 M. BUTTERFLY STROKE	BOYS UNDER 13
16	100 M. BUTTERFLY STROKE	GIRLS UNDER 13
17	100 M. BUTTERFLY STROKE	BOYS UNDER 15
18	100 M. BUTTERFLY STROKE	GIRLS UNDER 15
19	4 x 50 M. FREE STYLE RELAY	BOYS UNDER 13, 15
20	4 x 50 M. FREE STYLE RELAY	GIRLS UNDER 13, 15

PROGRAM – Saturday July 16, 2016
SESSION 2 – UNDER 7, UNDER 9 & UNDER 11 YEARS
WARM UP: 01:30 pm. EVENT STARTS: 02:00 pm

SR. NO.	EVENT	AGE GROUP
21	25 M. FREE STYLE	BOYS UNDER 7
22	25 M. FREE STYLE	GIRLS UNDER 7
23	50 M. FREE STYLE	BOYS UNDER 9
24	50 M. FREE STYLE	GIRLS UNDER 9
25	50 M. FREE STYLE	BOYS UNDER 11
26	50 M. FREE STYLE	GIRLS UNDER 11
27	25 M. BREAST STROKE	BOYS UNDER 7
28	25 M. BREAST STROKE	GIRLS UNDER 7
29	50 M. BREAST STROKE	BOYS UNDER 9
30	50 M. BREAST STROKE	GIRLS UNDER 9
31	50 M. BREAST STROKE	BOYS UNDER 11
32	50 M. BREAST STROKE	GIRLS UNDER 11
33	4 x 50 M. MEDLEY RELAY	BOYS UNDER 7, 9, 11
34	4 x 50 M. MEDLEY RELAY	GIRLS UNDER 7, 9, 11
35	25 M. BACK STROKE	BOYS UNDER 7
36	25 M. BACK STROKE	GIRLS UNDER 7
37	50 M. BACK STROKE	BOYS UNDER 9
38	50 M. BACK STROKE	GIRLS UNDER 9
39	50 M. BACK STROKE	BOYS UNDER 11
40	50 M. BACK STROKE	GIRLS UNDER 11
41	25 M. BUTTERFLY STROKE	BOYS UNDER 7
42	25 M. BUTTERFLY STROKE	GIRLS UNDER 7
43	50 M. BUTTERFLY STROKE	BOYS UNDER 9
44	50 M. BUTTERFLY STROKE	GIRLS UNDER 9
45	50 M. BUTTERFLY STROKE	BOYS UNDER 11
46	50 M. BUTTERFLY STROKE	GIRLS UNDER 11
47	4 x 50 M. FREE STYLE RELAY	BOYS UNDER 7, 9, 11
48	4 x 50 M. FREE STYLE RELAY	GIRLS UNDER 7, 9, 11

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RELAY ENTRY FORM

NAME OF THE TEAM: _____

EVENT NO.: _____ ENTRY FEES RS. _____

S.NO.	NAME	DATE OF BIRTH	AGE GROUP
1			
2			
3			
4			
5			
6			

EVENT NO.: _____ ENTRY FEES RS. _____

S.NO.	NAME	DATE OF BIRTH	AGE GROUP
1			
2			
3			
4			
5			
6			

EVENT NO.: _____ ENTRY FEES RS. _____

S.NO.	NAME	DATE OF BIRTH	AGE GROUP
1			
2			
3			
4			
5			
6			

EVENT NO.: _____ ENTRY FEES RS. _____

S.NO.	NAME	DATE OF BIRTH	AGE GROUP
1			
2			
3			
4			
5			
6			

TOTAL ENTRY FEES RS. _____